A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, September 13, 2023 in the Board Room at 2000 Mowry Avenue, Fremont and Zoom access was provided. Director Stewart called the meeting to order at 6:00 p.m. and led those in attendance of the meeting in the Pledge of Allegiance.

CALL TO ORDER

PLEDGE OF ALLEGIANCE

Roll call was taken: Directors present: Bernard Stewart, DDS; Michael Wallace; William Nicholson, MD; Jacob Eapen, MD; Jeannie Yee

ROLL CALL

Also present: Kimberly Hartz; Ed Fayen; Tina Nunez; Thomas McDonagh; Larry LaBossiere; Terri Hunter; Paul Kozachenko; Cheryl Renaud; Shirley Ehrlich; Mark Saleh, MD; Sri Boddu

Guests: John Zubiena; Laura Naumann; Jerri Randrup; Kel Kanady; Kim Burdick; Erica Luna; Mary Bowron; Maria Nunes; Alvin Aguirre; Terence Lin, MD; Jason Krupp, MD; Joanne Pineda; Analynn Cisneros; Prabhjot Khalsa, MD; Dan Nardoni; Laura Anning; Renee Garcia; John Lee; Michael Platzbecker RN; Gisela Hernandez; Betty Goodwin, RN; Melindajane Pagaoa; Kayla Gupta; Dianne Martin, MD; Michelle Hudson

Director Stewart welcomed any members of the general public to the meeting.

OPENING REMARKS

Director Stewart noted that Public Notice for this meeting, including Zoom information, was posted appropriately on our website. This meeting was recorded for broadcast at a later date.

The following individuals commented: Adam Gonzales; Jonathan Burdick; Vince Merano; Rey Navarro; Regina Sico

COMMUNICATIONS: ORAL

There were no Written Communications.

COMMUNICATIONS: WRITTEN

Director Stewart presented the Consent Calendar for consideration:

CONSENT CALENDAR

- A. Consideration of Minutes of the Regular Meetings of the District Board: August 9, 21, 23 & 28, 2023
- B. Consideration of Medical Staff: Family Medicine Privileges
- C. Consideration of Medical Staff: Anesthesiology Privileges
- D. Consideration of Medical Staff: Pain Medicine Privileges
- E. Consideration of Medical Staff: Pediatric Privileges
- F. Consideration of Medical Staff: Pediatric Cardiology Privileges
- G. Consideration of Medical Staff: Pediatric Allergy Privileges

- H. Consideration of Medical Staff: Pediatric Surgery Privileges
- I. Consideration of Medical Staff: Special Privilege: Insertion of Acute Peritoneal Dialysis Catheters
- J. Consideration of Medical Staff: Special Privilege: Management of Plasmapheresis
- K. Consideration of Medical Staff: Gynecology Privileges
- L. Consideration of Medical Staff: Maternal and Fetal Medicine Privileges
- M. Consideration of Medical Staff: Certified Nurse Midwife Privileges
- N. Consideration of Medical Staff: Robotic-assisted Surgery Privileges
- O. Consideration of Medical Staff: Cardiac Surgery Privileges
- P. Consideration of Medical Staff: Vascular Surgery Privileges
- Q. Consideration of Medical Staff: Thoracic Surgery Privileges
- R. Consideration of Medical Staff: Orthopaedic Surgery Privileges
- S. Consideration of Medical Staff: Urology Privileges
- T. Consideration of Medical Staff: Neurosurgery Privileges
- U. Consideration of Medical Staff: Surgery of the Hand Privileges
- V. Consideration of Medical Staff: Oral and Maxillofacial Surgery Privileges
- W. Consideration of Medical Staff: Neuroradiologic Interventional Privileges
- X. Consideration of Medical Staff: Special Privilege: Aquablation Procedure
- Y. Consideration of Medical Staff: Policy: Medication Shortages

Director Yee moved that the Board of Directors approve the Consent Calendar, Items A through Y. Director Eapen seconded the motion.

Roll call was taken:

Bernard Stewart, DDS – aye Michael Wallace – aye William Nicholson, MD – aye Jacob Eapen, MD – aye Jeannie Yee – aye

Motion Approved.

Kimberly Hartz, Chief Executive Officer, introduced Joanne Pineda, Quality Improvement Manager with American Heart Association. Joanne presented the Washington Hospital Healthcare System with two awards: Get with the Guidelines Stroke GOLD PLUS with Target: Stroke Honor Roll Elite and Target: Type 2 Diabetes Honor Roll and the Mission Lifeline – STEMI Receiving Center – GOLD. She noted that Washington Hospital's achievement would be included in the US News & World Report Best Hospitals, Get With the Guideline Achievement Awards Digital Ad.

PRESENTATION:
AMERICAN HEART
ASSOCIATION
AWARDS: GET WITH
THE GUIDELINES
STROKE AWARD &
MISSION LIFELINE
STEMI AWARD

Kimberly Hartz, Chief Executive Officer, provided background on the Washington Hospital Employee Association's Don Pickinpaugh Scholarship. WHEA established an annual scholarship in 2002 and it was renamed in 2008 in honor of Don Pickinpaugh, who was a long standing member of the Health Care District Board of Directors. Shirley Ehrlich, WHEA President, introduced Melindajane (MJ) Pagaoa as the recipient of this year's scholarship. MJ is the daughter of Robert Pagaoa, senior clinical laboratory scientist at Washington Hospital. She is currently enrolled at Cal Poly, San Luis Obispo, majoring in Microbiology, hoping to also become a clinical laboratory scientist.

PRESENTATION: WHEA'S 2023 DON PICKINPAUGH SCHOLARSHIP AWARD

Kimberly Hartz, Chief Executive Officer, introduced Kayla Gupta, Community Outreach Manager, who presented the Community Support Services Overview which has a wide area of focus. The focus of the Community Support through Community Outreach encompasses Health Insurance Information, Volunteer Services, Wellness Center, Community Sponsorships and Government Relations. Between July 2022 and August 2023, Washington Hospital participated in 19 Fairs. There are 2 Community Programs in development currently, which include Choking First Aid with Abdominal Thrust Education and Naloxone Administration Education. The collaboration with Marketing and Communications includes 2 presentations per month conducted virtually on live stream and 4 hybrid events each year which results in an average of 740 views. In Fiscal Year 2023, Washington Hospital partnered in 30 seminars with over 21,000 views. The Washington Wellness Center held 278 fitness classes, which had 1,325 enrollees and there were 1,380 massages performed. In January of 2023, all massage therapists will receive Oncology Massage Certification. Kristi Caracappa, the Health Insurance Information Coordinator, provided consultation with 1,484 residents.

PRESENTATION: COMMUNITY SUPPORT SERVICES OVERVIEW

Ed Fayen, Vice President and Chief Operating Officer, provided an update on the Construction of the Patient Bridge. He showed some photographs of the newly completed east side as of June 2023. The concrete was poured, forming the sidewalk below the structural support, which will serve as the new employee entrance from the garage. The driveway into the loading dock has a slightly different pitch and was resloped. Two partial sections of the bridge was welded and assembled off-site and was delivered and installed via crane and swung into place.

PRESENTATION: CONSTRUCTION UPDATE

Dr. Mark Saleh, Chief of Staff, reported that there are 605 Medical Staff members, including 341 active members. Dr. Saleh reports that he is anticipating performing Aquablation procedures within the next few weeks.

MEDICAL STAFF REPORT

Sheela Vijay, the Service League President, reported for August that there were 224 members of the Service League who contributed 2,494 hours to the Hospital.

SERVICE LEAGUE REPORT

This month, Sheela worked with the "Cuddler Volunteers". The Cuddler Program is designed to equip volunteers with the skills to engage with the babies in the Special Care Nursery. The Cuddlers ensure the babies receive human touch, thus enabling the nurses to fulfill their numerous duties. The Cuddlers undergo a rigorous selection process, which includes interview and background evaluations and specific training. Our Cuddler Program currently has 10 active volunteers with 2 additional volunteers currently in training. The exceptional group not only maintains a regular schedule, but also remains on call, day and night to provide care to these babies.

Kimberly Hartz introduced Dr. Dianne Martin, Chair of the Antimicrobial Program and Infection Prevention Consultant, who presented the annual Influenza Prevention overview for 2023-2024. Dr. Martin began with a discussion about the upcoming influenza season, noting that there may be more influenza cases than usual due to relaxed measures. There will be vaccines available for influenza, RSV and COVID-19. This year's influenza vaccine offers the most comprehensive coverage, covering four strains of influenza virus; 2 influenza A strains (H1N1 and H3N2) and 2 influenza B strains (Victoria and Yamagata lineage).

QUALITY REPORT: QUALITY DASHBOARD 2023-2024 INFLUENZA, COVID AND RSV UPDATE

Dr. Martin provided an RSV update. As of September 2023, there are 2 single-dose RSV vaccines approved (Pfizer and GlaxoSmithKline).

Dr. Martin talked about the COVID-19 update. She stated that the viruses constantly change over time, through mutations that create new strains (variants). Currently there are no variants of high consequence. In Alameda County, 84.3% have had the primary vaccination series completed and 34.3% are up-to-date. 97.3% of Washington Hospital's Healthcare System is vaccinated against COVID-19.

Tom McDonagh, Vice President & Chief Financial Officer, presented the Finance Report for July 2023. The average daily inpatient census was 152.3 with discharges of 848 resulting in 4,722 patient days. Outpatient observation equivalent days were 352. The average length of stay was 5.46 days. The case mix index was 1.578. Deliveries were 108. Surgical cases were 460. The Outpatient visits were 7,859. Emergency visits were 4,883. Cath Lab cases were 149. Joint Replacement cases were 161. Neurosurgical cases were 19. Cardiac Surgical cases were 12. Total FTEs were 1,401.2. FTEs per adjusted occupied bed were 6.04.

FINANCE REPORT

Kimberly Hartz, Chief Executive Officer, presented the Hospital Operations Report for August 2023. Preliminary information for the month indicated total gross revenue at approximately \$195.1 million against a budget of \$205.8.

HOSPITAL OPERATIONS REPORT

The Average Length of Stay was 5.47. The Average Daily Inpatient Census was 158.3. There were 13 discharges with lengths of stay greater than 30 days, ranging from 31-71. Still in house at the end of the month, there were 3 patients with length of stays of over 30 days and counting.

There were 4,525 patient days. There were 475 Surgical Cases and 193 Cath Lab cases at the Hospital. It was noted that there were 68 cases at the Peninsula Surgery Center in August.

Deliveries were 134. Non-Emergency Outpatient visits were 8,959. Emergency Room visits were 4,997. Total Government Sponsored Preliminary Payor Mix was 71.3%, against the budget of 72.0%. Total FTEs per Adjusted Occupied Bed were 6.27. The Washington Outpatient Surgery Center had 543 cases and the clinics had approximately 16,745 visits.

There were \$195K in charity care adjustments in August.

September Employee of the Month: Veneranda Serpa, Patient Account Representative in Patient Financial Services.

EMPLOYEE OF THE MONTH

Past Health Promotions & Community Outreach Events:

- August 10: Final Fremont Summer Concert Series
- August 12: Bay Area Community Health Ohana Health Fair
- August 14: Nutrition for Healthy Aging at Acacia Creek
- August 15: Welcome Teacher Day at Washington West
- August 16: Heart-Healthy Cooking Made Easy
- August 19: Festival of Globe Community Fair
- August 21: Medicare: What You Need to Know
- August 29: Medicare: What You Need to Know
- August 30: Training for SNF staff on caring for post-surgical spine patients
- August 31: Embracing Light in the Shadows: Navigating Depression & Anxiety

HOSPITAL CALENDAR

- September 6: 2nd Annual Polly's Step Out Fitness Celebration
- September 7: Fall Prevention and Recovery
- September 12: When Heartburn is Acid Reflux

Upcoming Health Promotions & Community Outreach Events:

- September 14: City of Newark Benefits Fair
- September 16: Newark Days Parade
- September 17: Newark Days Community Info Faire
- September 19: Current Concepts in the Management of Shoulder Arthritis
- September 20: Dysphasia and Reflux Disease
- September 24: City of Fremont Disability Resource Festival
- September 26: Staying Healthy to Retirement and Beyond
- September 30: HERS Walk/Run/Yoga
- October 3: Genetic Testing for Breast Cancer Risk
- October 7: United Breast Cancer Foundation
- October 7: New Haven Schools Foundation Mutt Strut
- October 7: Acacia Creek Resident Council Street Fair
- October 7-8: Our Lady of the Rosary Parish Festival
- October 10: Optoma Technology Wellness Fair
- October 10: City of Fremont Employee Health Fair

The Washington Hospital Healthcare Foundation continues to plan for the 37th Annual Top Hat Gala, scheduled for Saturday, October 14, 2023. This year's Top Hat will be a return to traditions of year's past with a lively garden cocktail reception, an elegant seated 3-course meal, a live dinner show... and more! Proceeds from this year's gala will support the expansion of the UCSF-Washington Cancer Center. 60% of tickets have been sold thus far.

There were no announcements.

ANNOUNCEMENTS

There being no further business, Director Stewart adjourned the meeting at 8:25 p.m. ADJOURNMENT

Bernard Stewart, DDS
President

DocuSigned by:

Junuic Yu

Jeannie Yee

Secretary