CALL TO ORDER

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, November 13, 2019 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Stewart called the meeting to order at 6:00 pm.

The Flags were escorted into the room by the Color Guard of the Fremont Army Recruiting Station, led by Sergeant Johnson. The Color Guard led those present in the Pledge of Allegiance. Kimberly Hartz, Chief Executive Officer, spoke on the celebration of Veterans Day and the commemorative Veterans Recognition Wall located at Washington West. The following names were added to the Veterans Recognition Wall this year: Timothy Barnett, Angel Castro, Timothy Coyle, Terence Koontzy, Dr. Kristopher Kuhl, and Joshua San Diego. Ms. Hartz spoke on Washington Hospital's leave policy that allows members of the Armed Forces or National Guard to be granted military leave from work for the period required when called to active duty for training, inactive duty training, or active duty.

PLEDGE OF ALLEGIANCE

Roll call was taken: Directors present: Bernard Stewart, DDS; William Nicholson, MD; Michael Wallace; Jacob Eapen, MD; Jeannie Yee

ROLL CALL

Also present: Kimberly Hartz, Chief Executive Officer; Prasad Kilaru MD, Chief of Staff; Ruth McGautha, Service League President; Dee Antonio, District Clerk

Guests: Ed Fayen, Chris Henry, Tina Nunez, Stephanie Williams, Kristin Ferguson, Mary Bowron, John Lee. John Zubiena, Donald Pipkin, Nick Legge, Gisela Hernandez, Bruce Lin MD, Karen Duff, Shari Kellen, Walter Choto, Rob Lanci, Paul Kozachenko

Director Stewart presented the Consent Calendar for consideration:

CONSENT CALENDAR

- A. Minutes of the Regular Meetings of the District Board: October 9, 21, 23, and 28, 2019
- B. Resolution #1201 Corporate Resolution Fremont Bank Operating Accounts
- C. Resolution #1202 Corporate Resolution Fremont Bank Facsimile Signature Agreements
- D. Amendments to the Pension Investment Policy and Other Post Employment Benefits Investment Policy
- E. Budgeted Capital Request: Ultrasound (\$52,294.70)
- F. Unbudgeted Capital Request: Osteocool (\$76,325.00)

Mr. Wallace recused himself from voting on Items B and C, Resolutions pertaining to Fremont Bank. Mr. Wallace vacated the meeting room.

In accordance with District law, policies, and procedures, Director Eapen moved that the Board of Directors approve the Consent Calendar, items B and C.

Director Nicholson seconded the motion. Roll call was taken:

Bernard Stewart, DDS – aye William Nicholson, MD – aye Michael Wallace – Recused Jacob Eapen, MD - aye Jeannie Yee - aye

The motion carried.

Mr. Wallace returned to the meeting room.

In accordance with District law, policies, and procedures, Director Wallace moved that the Board of Directors approve the Consent Calendar, items A, D, E, and F.

Director Nicholson seconded the motion.

Roll call was taken:

Bernard Stewart, DDS – aye William Nicholson, MD – aye Michael Wallace – aye Jacob Eapen, MD - aye Jeannie Yee - aye

The motion unanimously carried.

There were no Oral communications.

The following written communication received from Prasad Kilaru, MD, Chief of Staff, dated October 28, 2019 requesting approval of Medical Staff Credentialing Action Items as follows:

COMMUNICATIONS: ORAL

COMMUNICATIONS: WRITTEN

**Initial Appointments** 

Ibrahimi, Waheed MD; Prionas, Nicolas MD PhD

Temporary Privileges

Ibrahimi, Waheed MD; Prionas, Nicolas MD PhD

Waiver Request

MCNaught, William MD; Patel, Yesha DO

Reappointments – Two Year

Baeza, Jennifer CCP; Balakrishnan, Sangeetha MD; Busby, William MD; Chawla, Harman MD; Chen, Joan MD; Dugoni, William MD; Gorsulowski, David MD; Keyhan, Sanaz MD; Kramer, Scott MD; Paik, William MD; Siddiq, Simin MD; Siddiqi, Saif MD; Smith, Kelsey MD; Young, Philip MD

Reappointments – One Year

Ahuja, Rajiv MD; Chen, Kwan MD; Cheng, David MD; Iocco, John MD; Lee, Teng MD; Mahal, Anmol MD; Pavesi, Marco MD

Non-Reappointments – Deemed to Have Resigned

Clauson, William MD; Schuchard, Marilee MD

Transfer in Staff Category

Dao, Jackelynn NP; Kaur, Satinder MD; Lee, Teng MD

Completion of Proctoring Prior to Eligibility for Advancement in Staff Category

Beall DO; Waynard, Zariakhta MD

Completion of Proctoring and Advancement in Staff Category Kaur, Satinder MD' Lee, Teng MD

Extension of Proctorship and Provisional Category 1-year McNaught, William MD; Patel, Yesha DO

<u>Delete Privilege Requests</u> Lee, Teng MD; Mahal, Anmol MD

Conflict of Interest Statement Updated Gorsulowsky, David MD; Kramer, Scott MD; Mahal, Anmol MD

Reinstatement of Leave of Absence Castro, Melanie PA-C

Withdrawal of Application Gwalani, Tulsidas MD

<u>U. Suspensions / Relinquishment</u> Bhandari, Bhupinder MD; Gay, Andre MD; Renolds, Kerisimasi DO; Sandhu, Sukhwinder "Goney" MD

Resignations

Boparai, Namrita MD; DaRoza, Ricardo MD; Jo, Daniel MD; Joshi, Nitin MD; Nguyen, Myhanh NP; Sun, Jiwu MD; Zheng, Hui MD

Director Nicholson moved for approval of the credentialing action items presented by Dr. Kilaru.

Director Wallace seconded the motion.

Roll call was taken:

Bernard Stewart, DDS – aye William Nicholson, MD – aye Michael Wallace – aye Jacob Eapen, MD - aye Jeannie Yee - aye

The motion unanimously carried.

Kimberly Hartz introduced Bruce Lin, MD, Medical Director of Vascular Interventional Radiology. Dr. Lin gave a history of vascular interventional radiology at Washington Hospital beginning with 2008. He reviewed the service lines: Vascular service line; Interventional Oncology; Spine, Musculoskeletal and Pain management service line; Women's health service line; Dialysis access service line; Genitourinary service line; Hepatobiliary and Gastrointestinal service line. Dr. Lin then described individual facets of each service line, with particular emphasis on specific services such as Carotid stenting; Embolization: bleed, aneurysms, AVMs; Deep vein thrombosis – thrombolysis, thrombectomy; Pulmonary embolism; Varicose veins: Venaseal and beyond; Chemoembolization of tumors in liver; Y90

PRESENTATION Interventional Radiology

radioembolization of tumors in liver; Uterine fibroid embolization; Compression fractures: kyphoplasty, vertebroplasty, sacroplasty, cementoplasty; and Prostate embolizations (BPH).

Dr. Lin reviewed the growth of services in vascular interventional radiology, both inpatient and outpatient.

Ruth McGautha, President of the Service League, reported on the Service League activities, including the various WHHS events served by the Volunteers: Top Hat, Think Pink, Biennial Children's Health Fair, Employee Health Blitz, AAA Screening, and Diabetes Screening. Ms. McGautha noted that the Gift Shop kicked off its Holiday Sales November 11, 2019/

SERVICE LEAGUE REPORT

Dr. Prasad Kilaru reported there are 580 Medical Staff members including 359 active members.

MEDICAL STAFF REPORT

## The Hospital Calendar video highlighted the following events:

HOSPITAL EVENTS
REPORT
Community Outreach

## Past Health Promotions & Outreach Events

Outreach Events included:

- October 14<sup>th</sup> Healthy Eating, Active Living
- October 17<sup>th</sup> Think Pink Breast Health Awareness Event
- October 22<sup>nd</sup> & 23<sup>rd</sup> Sports Physical Clinics @ Washington High School, Fremont
- October 24<sup>th</sup> Overcoming Obesity at Danielson Clinic Conference Room
- October 25<sup>th</sup> First Aid Station at the Special Olympics Soccer tournament Glenmoor Elementary School, Fremont
- October 26th Children's Health and Safety Fair featuring the Teddy Bear Clinic
- October 28<sup>th</sup> Gender Matters: Heart Disease Risk in Women
- October 30<sup>th</sup> Sidelined by Back Pain? Get Back in the Game
- November 1<sup>st</sup> First Aid Station at the Special Olympics Soccer tournament American High School, Fremont
- November 2<sup>nd</sup> Annual Abdominal Aortic Aneurysm Screening
- November 5<sup>th</sup> Advancements in Lung Cancer Detection and Treatment
- November 9<sup>th</sup> Annual Diabetes Awareness Health Fair
- November 12<sup>th</sup> Anxiety: Stop Negative Thoughts

# **Upcoming Health Promotions & Community Outreach Events**

Health Promotions and Outreach Events will include:

- November 21<sup>st</sup> The Art of Relationships
- December 5<sup>th</sup> Food is Medicine: Eat for Wellness, Vitality and Longevity
- Diabetes Matters: Italian Cooking

### **Bay Area Healthier Together**

In the month of September, Bay Area Healthier Together's topic was Breast Health and Breast Cancer Diagnosis and Treatment.

HOSPITAL EVENTS REPORT Bay Area Healthier Together

### Washington Hospital Healthcare Foundation

- The Foundation hosted the 33<sup>rd</sup> annual Top Hat dinner dance on Saturday, October 12<sup>th</sup>, chaired by Fremont Police Chief Kimberly Peterson, Drs. Rohit and Seema Sehgal. Sponsors and donors contributed \$185,000 to support the purchase of a new 3-D mammography machine for the Washington Women's Center.
- HOSPITAL EVENTS REPORT Washington Hospital Foundation Report

- Planning is underway for the annual Trees of Angels celebration.
- BASIS Independent School in Fremont created and donated 321 pairs of non-slip docks to the pediatric department.

#### Washington on Wheels

The WOW Mobile Clinic served community members at these locations in September: Family Resource Center, Bay Area Community Services, TCV Food Bank and Thrift Store, and Irvington Presbyterian Church in Fremont; Ruggieri Senior Center, Alvarado Resource Center, and Our Lady of the Rosary Church in Union City; and the Solid Rock Community Services Center in Newark. The total number of community members receiving health care from the WOW van during the month of October was 406.

HOSPITAL EVENTS
REPORT
Washington on Wheels
(W.O.W.) Mobile Health
Clinic

### **Internet and Social Media Marketing**

Washington Hospital's website serves as a central source of information for the communities the District serves and beyond. The most viewed page was Employment with 34,967 views.

HOSPITAL EVENTS REPORT Internet and Social Media Marketing

### InHealth - Channel 78

During the month of September, Washington Hospital's cable channel 78, InHealth, aired these programs:

- Healthy Eating, Active Living
- Gender Matters: Heart Disease Risk in Women
- Sidelined by Back Pain? Get Back in the Game
- Suffer from Sinus Problems
- Learn the Latest Treatment Options for GERD
- Healthy Gut, Healthy You
- Diabetes Matters: Asian Fusion
- Women's Health: Planning for Pregnancy
- October Board of Directors Meeting

### **Awards & Recognitions**

- Healthgrades: America's 100 Best Hospitals for Joint Replacement the only hospital in the Bay Area to receive this recognition for nine years in a row.
- Healthgrades: America's 100 Best Hospitals for Orthopedic Surgery third consecutive years
- Healthgrades: Five Star distinction in Cranial Surgery for 2020 one of four hospitals in the Bay area
- Pharmacy post graduate year 1 (PGY-1) residency program reaccreditation survey: the program was awarded the maximum eight years accreditation.

HOSPITAL EVENTS REPORT InHealth

AWARDS & RECOGNITIONS

## **Employee of the Month**

Danielle DeNatale, Staff Nurse II, IMC was named as the October Employee of the Month.

HOSPITAL EVENTS REPORT Employee of the Month – Danielle DeNatale

Kimberly Hartz introduced Donald Pipkin, Chief of Strategic Management who presented Lean Certificates and Pins to Karen Duff, Shari Kellen, and Walter Choto upon completion of their Lean Certification Training. Dr. Gabriel Herscu, who also completed his training, was unable to attend. This is a 12-18 month process that requires proficiency in Lean concepts and tools. To date, we have certified fouty-one Managers and four Physicians.

LEAN REPORT Lean Leader Certification

Mary Bowron, Chief of Quality & Resource Management, presented the Quality Dashboard for the quarter ending September 30, 2019 comparing WHHS statistics to State and National benchmarks.

QUALITY REPORT: Quality Dashboard, Quarter Ending September 2019

#### **Infection Prevention Indicators**

Central Line Associated Bloodstream Infections: Our infection rate was lower than predicted. Catheter Associated Urinary Tract Infections (CAUTI): Our infection rate was higher than predicted. We had no MRSA Bloodstream Infections this past quarter. The last four quarters we had no VRE infections, which was better than our internal benchmark. C-Difficile: We were lower than predicted this quarter. We had no infections following colon surgery which was below the predicted number of infections. We had no infections following abdominal hysterectomy which was below the predicted number of infections.

#### **Nurse Sensitive Indicators**

Moderate Fall with Injury: Our rate was below the national rate for the quarter. Hospital Acquired Pressure Ulcers (Acute Care – Category II+): our rate was above the National Rate this past quarter.

### The Joint Commission National Patient Safety Goals

The Hand Off Communication was 100%, better than the Joint Commission Goal of 90% for the last quarter, as well as over the past two years. Patient Identification was at 99.8% compliance in the last quarter. The Procedure Time Out was at 99.8% compliance. Hand Hygiene was at 85.1%.

#### **Readmission Rates**

Our 30-day Medicare Pneumonia Readmission rate was below the CMS national benchmark 10.9% vs 16.7%). Our 30-day readmission rate for AMI discharges was slightly above the CMS benchmark (16.7% versus 16.0%). Our 30-day Heart Failure Medicare readmission rate was above the CMS benchmark (28.0% vs 21.7%). Our 30-day Medicare THA/TKA readmission rate was below CMS benchmark 0.8% vs 12.0%). Our 30-day Medicare CABG readmission rate was above the CMS benchmark (40% vs 13.2%). Our 30-day Medicare COPD readmission rate was below the CMS benchmark (10.7% vs 19.6%).

Chris Henry, Vice President & Chief Financial Officer, presented the Finance Report for September 2019. The average daily census was 137.8 with admissions of 918 resulting in 4,135 patient days. Outpatient observation equivalent days were 163. The average length of stay was 4.46 days. The case mix index was 1.443. Deliveries were 123. Surgical cases were 339. Joint Replacement cases were 146. Neurosurgical cases were 23. Cardiac Surgical cases were 5. The Outpatient visits were 8,026 and Emergency visits were 4,302. Total productive FTEs were 1,447.6. FTEs per adjusted occupied bed were 6.82.

FINANCE REPORT

Kimberly Hartz presented the Hospital Operations Report for October 2019. Preliminary information indicated gross revenue for the month at approximately \$174,138,000. The Average Length of Stay of 4.82 and there were 4,463 patient days. There were 371 Surgical Cases and 489 Cath Lab procedures at the Hospital. Deliveries were 123. Non-Emergency Outpatient visits were 8,748. Total FTEs per Adjusted Occupied Bed were 6.96. The Washington Outpatient Surgery Center had 578 cases and the clinics saw approximately 3,964 patients. Total Government Sponsored Preliminary Payor Mix was 73.4%, above the budget of 71.4%. Homeless Patient Total Encounters were 120 with an estimated unreimbursed cost of homeless care of \$519,000 for the month of September.

HOSPITAL OPERATIONS REPORT

In accordance with District Law, Policies and Procedures, Director Eapen moved that the Board of Directors adopt Resolution No. 1200 whereby the Board of Directors approve the terms agreed upon between Washington Hospital Healthcare System and the California Nurses Association (CNA) and enter into a Memorandum of Understanding in accordance with Resolution No. 331-A.

CONSIDERATION OF RESOLUTION #1200 MEMORANDUM OF UNDERSTANDING BETWEEN WASHINGTON HOSPITAL and CALIFORNIA NURSES ASSOCIATION

Director Nicholson seconded the motion.

Roll call was taken:
Bernard Stewart, DDS – aye
William Nicholson, MD – aye
Michael Wallace – aye
Jacob Eapen, MD – aye
Jeannie Yee - aye

The motion unanimously carried.

Kimberly Hartz announced that the City of Fremont Planning Commission approved the location of an outpatient center in Warm Springs at its recent meeting. This item will come before the Fremont City Council for approval on December 10, 2019.

**ANNOUNCEMENTS** 

In accordance with Health & Safety Code Section 32106 and Government Sections 54957 and 54956.9(d)(2), Director Stewart adjourned the meeting to closed session at 7:50 pm, as the discussion pertained to Hospital trade secrets and Legal Counsel – Anticipated Litigation pursuant to Government Code section 54956.9(d)(2)...

ADJOURN TO CLOSED SESSION

Director Stewart reconvened the meeting to open session at 8:07 pm and reported that the Board of Directors approved a lease for approximately 9500 square feet of

RECONVENE TO OPEN SESSION & REPORT ON CLOSED SESSION

space located at 350 Marine Parkway in Redwood City to accommodate an outpatient surgery center and the expansion of our Institute for Joint Restoration and Research.

There being no further business, Director Stewart adjourned the meeting at 8:47 pm.

ADJOURNMENT

Bernard Stewart

President

Jeannie Yee

Secretary