A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, November 12, 2014 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Stewart called the meeting to order at 6:00 p.m. and led those present in the Pledge of Allegiance.

CALL TO ORDER

Roll call was taken. Directors present: Bernard Stewart, DDS, William Nicholson, MD, Patricia Danielson, RHIT, Jacob Eapen, MD; Michael Wallace

ROLL CALL

Also present: Nancy Farber, Chief Executive Officer, Peter Lunny, Chief of Medical Staff, Gail Tomita, Service League President, Christine Nguyen-Flores, Senior Executive Assistant

Guests: Kimberly Hartz, Ed Fayen, Chris Henry, Bryant Welch, Stephanie Williams, Tina Nunez, Kristin Ferguson, Larry Bowen, Cindy Noonan, Angus Cochran, Bryant Welch, Mary Bowron, Albert Brooks, MD, Bill Emberley, Joe Tada, Kimberlee Alvari

Ms. Farber introduced Kimberlee Alvari, Director of Food and Nutrition. Ms. Alvari presented the Overview of Food Supply Chain presentation and spoke about the food system as well as food safety and shared Our Mission of Excellence, Making Friends and Networks, The Making of the Story...and Telling, and spoke about our patients. The current CDC food safety challenges include: Changes in our food production and supply, changes in the environment leading to food contamination, the rising number of multistate outbreaks, and new and emerging germs, toxins, and antibiotic resistance. Ms. Alvari shared the Healthier Hospital Initiative 2012 which includes food that are: local, organic, cage-free, non-gmo, non-trans-fat, hormone-free, and antibiotic-free. Ms. Alvari noted the Hospital Leadership Goals which included: Leveraging collective buying power, sharing innovative strategies, putting food at the center of the healing mission, making sustainable food and beverages, support evaluation and tracking as well as educating the patients, families, employees, and the community.

EDUCATION SESSION: Overview of Food Supply Chain

Director Nicholson moved for approval of the minutes of October 8, 20, 22, and 27, 2014. Director Danielson seconded the motion.

APPROVAL OF MINUTES OF OCTOBER 8, 20, 22, AND 27, 2014

Roll call was taken:

Bernard Stewart, DDS - aye William Nicholson, MD - aye Patricia Danielson, RHIT – aye Jacob Eapen, MD - aye Michael Wallace – aye

The motion unanimously carried.

There were no oral communications.

COMMUNICATIONS ORAL

The following written communication was received from Peter Lunny, M.D., Chief of Staff, dated October 27, 2014 requesting approval of Medical Staff

Credentialing Action Items as follows:

#### Appointments:

Barry, Aaron, MD; Glaubiger, Susan, PA; Goldberg, Roger, MD; Lien, Kenneth, MD; Shotkin, Alan, MD; Tang, Heng, MD

# Temporary Privileges:

Glaubiger, Susan, PA-C

### Reappointments:

Bastasch, Michael, MD; BIndal, Ashwani, MD; Chen, Kwan-Sian, MD; Dharan, Murali, MD; Dolgasheva, Assol, MD; Guzman, Katarina, MD; Hua, Nancy, MD; Jhaveri, Soham, DO; Lee, Christina, MD; Lee, Connie, MD; Lipson, Brian, MD; Martin, Dianne, MD; Morrissey, Kevin, MD; Paragas, Norma, MD; Reen, Gurcharan, MD; Shah, Shaista, MD; Veeragandham, Ramesh, MD; Wat, Stephen, MD; Wight, Richard, MD; Yu, Stanley, MD

#### **Conditional Reappointments:**

Reen, Gurcharan, MD

#### Non-Reappointments:

Hsu, Robert, PA-C

#### Transfer in Staff Category:

Dharan, Murali, MD: Veeragandham, Ramesh, MD

# Completion of Proctoring & Advancement in Staff Category:

Adie, Elizabeth, MD; Deck, Joseph, MD; Kamboj, Vineet, DPM; Lee, Philip, MD; Wright, Richard, MD

#### Resignations:

Fogarty, Yee Yiem MD; Hsu, Robert, PA-C; Lee, Thomas, MD; McNay, Ana, MD; Paek, Sun, MD

Director Wallace moved for approval of the credentialing action items. Director Nicholson seconded the motion.

#### Roll call was taken:

Bernard Stewart, DDS - aye William Nicholson, MD - aye Patricia Danielson, RHIT – aye Jacob Eapen, MD - aye Michael Wallace – aye

The motion unanimously carried.

Gail Tomita, Service League President presented the Service League Report. She noted that the gift shop held its annual Holiday Show on November 6<sup>th</sup> and 7<sup>th</sup> with Holiday music and treats as well as a drawing of holiday items. This showcased the gift shop's holiday items; the gift shop is decorated and is offering great items for sale. Ms. Tomita also noted the \$5.00 Jewelry and Accessories sale will be back in time for the holidays from Monday, December 1<sup>st</sup> to Wednesday December 3<sup>rd</sup>. The sale will take place in the Anderson Auditoriums in Washington West; proceeds benefit our annual hospital donation.

SERVICE LEAGUE REPORT

Dr. Lunny reported there are 553 Medical Staff members.

MEDICAL STAFF REPORT

#### HOSPITAL CALENDAR: Community Outreach

### The Hospital Calendar video highlighted the following events:

Throughout October and November Lucy Hernandez, Community Outreach Coordinator, presented 36hand hygiene classes for students at Brier Elementary, Hirsch Elementary, Oliveira Elementary, Patterson Elementary schools in Fremont; Lincoln Elementary and Musick Elementary schools in Newark; and Guy Emanuele Elementary school in Union City; 954 students attended.

On Friday, October 10<sup>th</sup>, Lincoln Elementary School in Newark held a walk-athon. Washington Township Medical Foundation staffed a booth and provided health information for students, teachers and parents; over 400 people attended.

On Tuesday, October 14<sup>th</sup>, Washington Hospital hosted the 6<sup>th</sup> annual Think Pink Breast Health Awareness Event. The event featured a health fair and presentations by Dr. William Dugoni Jr., surgeon, Dr. Mimi Lin, radiologist, Dr. Vandana Sharma, oncologist and Kimberlee Alvari, Registered Dietitian; over 250 people attended.

On Tuesday, October 21<sup>st</sup>, as part of the Washington Women's Center Evening Lecture Series, Lorie Roffelsen, Registered Dietitian, presented "The Enemy Within: Sodium"; 8 people attended.

On Monday, October 27<sup>th</sup>, Michelle Hedding, R.N., Spiritual Care Coordinator, presented to participants of the Friendly Visitor program at LifeElder Care. The presentation was on Advanced Health Care Directives; 25 people attended.

On Tuesday, November 4<sup>th</sup>, as part of the Stroke Education Series, Dr. Ash Jain, cardiologist and Luanne Sadueste, Registered Nurse, presented "Stroke and Risk Factors for Stroke"; 20 people attended.

On Thursday, November 6<sup>th</sup>, as part of the Diabetes Matters program, Anna Mazzei, Registered Dietician, presented "Sweet or Sour? The Scoop of Sugar Substitutes"; 21 people attended.

#### **Upcoming Health Promotions & Community Outreach Events**

On Friday, November 14th, from 2 to 4 pm Dr. Alexander Sah, orthopedic surgeon, will present "Treatments for Hip Pain."

On Saturday, November 15th, Washington Hospital will host the 6th annual Diabetes Awareness Health Fair. The event will feature a health fair and presentations by Dr. Prasad Katta, endocrinologist, Dr. Archana Bindra, endocrinologist, and Anna Mazzei, Registered Dietitian.

On Tuesday, November 18th, from 1 to 3pm, Dr. Gabriel Herscu, vascular surgeon, will present "Varicose Veins."

# Washington Hospital Healthcare Foundation Report

Washington Hospital Healthcare Foundation held the 28th annual Top Hat dinner dance on October 11th. The event raised over \$224,000 for the Washington Special Care Nursery, which is affiliated with UCSF Benioff Children's Hospital San Francisco. 705 guests attended the evening, which began with a cocktail party, followed by dinner, auction and dancing until midnight. Co-chair Rod Silveira commented, "Everyone loved the Gatsby Theme of the evening. The venue looked beautiful, and donors and sponsors were incredibly generous in supporting the babies served by the doctors and nurses in Washington Special Care Nursery. Thank you to everyone in our community for doing so much for the Foundation."

HOSPITAL CALENDAR: Washington Hospital Foundation Report

In December, the Washington Hospital Healthcare Foundation will host the annual Tree of Angels for Hospice 2014 Tree Lighting Ceremonies and Holiday Events. Tree Lighting Ceremonies will be held on: Monday, December 1 at 6:30 p.m. at Newark City Hall, on Tuesday, December 2nd at 5:30 p.m. at the McDonald's on Mission Boulevard, and on Wednesday, December 3rd at 5:30 p.m. at the Nakamura Clinic in Union City.

On Saturday, December 6th at 8:00 a.m. the Foundation will host the Children's Holiday Breakfast Featuring Ronald McDonald and Santa at Washington Hospital in the Conrad E. Anderson M.D. Auditorium. This event is \$10 per person – pre registration is recommended. The last tree lighting ceremony will take place on Thursday, December 11th at 5:30 p.m. This event will feature both the tree lighting and a High School Choral Competition. This event will be held in the Conrad E. Anderson, M.D. Auditorium.

#### Washington Hospital Healthcare Board of Directors' Report

Washington Township Healthcare District Board Members attended the 15<sup>th</sup> Annual Senior Resource Faire, hosted by the City of Newark Senior Center on October 7<sup>th</sup>, the Senior Night Out, hosted by the Tri-City Elder Coalition on October 17<sup>th</sup> and State of the State Address, hosted by the Fremont Chamber of Commerce, October 31<sup>st</sup>.

HOSPITAL CALENDAR: Board of Directors' Report

#### Washington Hospital Employee Association, W.H.E.A.

WHEA was busy with many activities during the month of October including organizing a pumpkin carving contest for employees and launching the annual See's Candy fundraiser, allowing WHEA members to purchase discounted See's Candy gift certificates now through November 19<sup>th</sup>. WHEA is also in the process of conducting a "Drive for Warmth", collecting blankets, sweaters, coats, mittens,

HOSPITAL CALENDAR: Washington Hospital Employee Association, W.H.E.A.

hats, scarves to be donated to Tri-City Volunteers, which provides emergency food, clothing and furniture to those in need. Donations are being collected in the lobby of the Washington West Building and in the cafeteria on the ground floor of the main hospital through November 14<sup>th</sup>.

HOSPITAL CALENDAR: Washington On Wheels Mobile Health Van

# Washington On Wheels Mobile Health Clinic, W.O.W.

During the month of October, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Family Resource Center, the Fremont Senior Center, the Silliman Activity Center in Newark, the New Haven Adult School and the Ruggeri Senior Center both located in Union City. They also visited Brier Elementary School in Fremont.

W.O.W. also provided occupational health services, including influenza vaccines to Columbus Foods, a producer of fine foods, Materion an advanced materials solutions company, Lee's Imperial Welding producer of structural metals, Mizuho OSI which manufactures specialized surgical tables, Mattson Technology, a semiconductor manufacturer and AER Worldwide, which provides E-Recycling, IT Asset Management, Data Security & Value Recovery. These companies are located in Fremont, Union City, and Hayward.

The total number of community members receiving healthcare at the Washington On Wheels Clinic during the month of October was 358 with 306 receiving occupational health services.

# **Internet Marketing**

There were over 46,905 visits to the hospital website in the month of October. The hospital's Physician Finder section was the most viewed webpage with 15,331 page views, followed by the About WHHS section with 8,154 page views and the Employment section with 7,617 page views. The Volunteers section had 6,131 views and the Women's Health and Pregnancy with 2,582.

#### InHealth - Channel 78

During the month of October, Washington Hospital's cable channel 78, InHealth, taped new programming including a Diabetes Matters program "When You Care Too Much: Giving the Right Kind of Support to a Loved One who has Diabetes" and a Health and Wellness seminar "The Enemy Within: Sodium." InHealth aired new programing including three updated West Nile Virus public service announcements and the October Board of Director's Meeting.

#### **Employee of the Month**

Karin came to WHHS as a graduate student intern in 1990 and has been employed at Washington Hospital since March 1999. Karin is a valuable member of the Speech Pathology department. Karin is extremely conscientious, willingly takes on extra duties as assigned, ensures that the needs of the department are being met, communicates well with her peers and manager and consistently goes the extra mile for her patients. She always keeps her patients involved in their therapy as well as providing education to the patients and their family members.

HOSPITAL CALENDAR: Internet Report

HOSPITAL CALENDAR: InHealth

HOSPITAL CALENDAR: Employee of the Month – Karin Manning

Ms. Farber introduced Ed Fayen, Senior Associate Administrator. Mr. Fayen presented a construction update regarding the Civic Center Improvements, the CJR & Central Plant's final project costs as well as the Parking Garage Time table. The Morris Hyman Critical Care Pavilion bid package 2A and 2B Results were also presented.

CONSTRUCTION
REPORT
Construction Update

Mary Bowron, Senior Director of Quality and Resource Management presented the Influenza Season 2014-2015 report. Influenza is a serious infectious respiratory disease caused by the influenza virus that can lead to potentially serious complications. Influenza is easily spread from person to person through: air, touch or droplets (when an infected person coughs/sneezes). The Centers for Disease Control (CDC) recommends an annual flu vaccination for everyone 6 months and older by October of each year. Vaccination is especially important for high risk individuals: children between 6 months and 8 years, pregnant women, and adults 65 years or older. The CDC recommends that the vaccination should be received by October, but vaccines are effective whenever they are taken through the year. The vaccination is designed to protect against the main viruses and takes about two weeks to be completely protected post-vaccination. Most vaccinations protect against three main viruses of this season (Influenza A H1N1, Influenza A H3N2 and an Influenza B virus), similar to the 2013-2014 influenza season. Ms. Bowron notes The Joint Commission (TJC) and Centers for Medicare and Medicaid Services (CMS) have collaborated to develop a core measure to monitor inpatient immunization for influenza. As of January 1, 2012, hospitals are required to submit data to CMS and TJC for eligible inpatient discharges. The Alameda County, California Department of Public Health and National Healthcare Safety Network requires hospitals to submit health care worker influenza vaccination rates. Unless (at least) 95% of personnel are vaccinated, personnel working directly in patient care are required to wear a mask (Alameda County Mandate).

QUALITY REPORT Influenza Season 2014-2015

Chris Henry, Chief Financial Officer, presented the Finance Report for September 2014. The average daily census was 147.7 with admissions of 1,026 resulting in 4,432 patient days. Outpatient observation equivalent days were 258. The average length of stay was 4.39 days. The case mix index was 1.449. Deliveries were 163. Surgical cases were 362. Joint Replacement cases were 117. Neurosurgical cases were 30. Cardiac Surgical cases were 9. The Outpatient visits were 7,137 and Emergency visits were 4,586. Total productive FTEs were 1,158.7. FTEs per adjusted occupied bed were 6.50.

FINANCE REPORT

Ms. Farber presented the Hospital Operations Report for October. There were 997 patient admissions with an average daily census of 152. This was lower than the budget of 1,010 admissions and 4.2% below the budgeted average daily census of 158. Preliminary information indicated inpatient revenue for the month of September at approximately \$123,400,000; 56.5% was Medicare and 16% was Medi-Cal, for a total of 72.5% in government program revenue. There were 170 deliveries in the Hospital resulting in 356 baby days. There were 368 surgical cases at the Hospital and 715 cases at the Outpatient Surgery Center. The Emergency Room saw 4,416 patients. The clinics saw approximately 4,699 patients. FTEs per Adjusted Occupied Bed were 6.32.

HOSPITAL OPERATIONS REPORT

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Stewart adjourned the meeting to closed section at 7:16p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

ADJOURN TO CLOSED SESSION

Director Stewart reconvened the meeting to open session at 7:58p.m. and reported no action was taken in closed session.

RECONVENE TO OPEN SESSION & REPORT ON CLOSED SESSION

There being no further business, Director Stewart adjourned the meeting at

7:59p.m.

Patricia Danielson, RHIT

President

Bernard Stewart, DDS

Secretary

ADJOURNMENT