A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, November 13, 2013 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Nicholson called the meeting to order at 6:01 p.m. and led those present in the Pledge of Allegiance.

CALL TO ORDER

Roll call was taken. Directors present: William Nicholson, MD, Patricia Danielson, RHIT, Jacob Eapen, MD, Michael Wallace, Bernard Stewart, DDS

ROLL CALL

Also present: Nancy Farber, Chief Executive Officer, Peter Lunny, Chief of Medical Staff, Gail Tomita, WHSL 1<sup>st</sup> Vice President, Catherine Bartling, District Clerk

Guests: Ed Fayen, Kimberly Hartz, Chris Henry, Kris LaVoy, Bryant Welch, Tina Nunez, Kent Joraanstad, Angus Cochran, Stephanie Williams, Kathy Hunt, Albert Brooks, MD, Barbara Eusebio, Larry Bowen, Ruth Traylor, Chris Brown, Nick Legge, Dan Nardoni, Kristin Ferguson, Gus Arroyo, Paul Kozachenko, Eric Reehl, Bill Emberely, Joe Tada, Ashly McGlone, Christine Nguyen-Flores

**EDUCATION SESSION:** 

CEO Compensation

Ms. Farber introduced Eric Reehl, Senior Consultant, Integrated Healthcare Strategies. Mr. Reehl discussed Integrated Healthcare Strategies' base salary analysis process. Mr. Reehl reviewed analysis done for Washington Hospital reporting the current results of analysis discussing compensation, sources, and comparison and ranges of salary.

Evolving Cath Lab Environment, Virtual Tour

Ms. Farber introduced Vera Teyrovsky. Ms. Teyrovsky presented The Evolving Cath Lab Environment V20. Ms. Teyrovsky discussed the changing dynamics of Cath Lab procedures and reviewed the increasing procedural diversity and increasing complexity of cases. She discussed implications of change noting various specialists utilize cath labs, providing increased access to specialized care. Ms. Teyrovsky discussed medical advances on the horizon noting new devices and procedures will increase cath lab volumes. A video tour of the cath lab was shown.

Director Stewart moved for approval of the minutes of October 9, 21, 23, and 28, 2013. On a second by Director Danielson the motion unanimously carried.

APPROVAL OF MINUTES OF OCTOBER 9, 21, 23, AND 28, 2013

COMMUNICATIONS ORAL

There were no oral communications.

JRAL

The following written communication was received from Peter Lunny, M.D., Chief of Staff, dated October 8, 2013, requesting approval of Medical Staff Credentialing Action Items as follows:

#### Appointments:

Rakesh Patel, M.D., and Phillip Young, M.D.

# Reappointments:

Rajiv Ahuja, M.D., Rupal Badani, M.D., Sangeetha Balakrishnan, M.D., David K. Berke, M.D., William D. Busby, M.D., Joan Chen, M.D., David S. Cheng, M.D., William L. Clauson, M.D., William Dugoni, M.D., David Gorsulowsky, M.D., John J. Iocco, M.D., Warren Johnson, D.P.M., Michael Klein, M.D., Thomas Lee, M.D., Anmol Mahal, M.D., William Paik, M.D., Marco Pavesi, M.D.,

COMMUNICATIONS WRITTEN

Clifford Popple, M.D., Joseph Rial, P.A.-C., Marilee Schuchard, M.D., Simin Siddiq, M.D., Saif Siddiqi, M.D., Raymond Silva, M.D.

# Reappoints with Condition:

Scott Kramer, M.D.

## Non-Reappointments – Deemed to have Resigned

Teresa Jensen, M.D. OB

# Advancement/Transfer in Staff Category:

David K. Berke, M.D., Rupal Badani, M.D., William Clauson, M.D., Leif Eriksen, M.D., Nancy Salama, M.D.

### Completion of Proctorship:

Robert Mandiberg, M.D.

# Completion of Proctorship & Provisional Category

Katarina Guzman, MD., and Lei Jiang, PA-C

#### Extension of Proctorship and Provisional Category

Richard Wright, M.D., Ramesh Veeragandham, M.D., Murali Dharan, M.D.

#### Resignations

Aleda Jacobs, M.D., Barbara Newman, M.D., Jon-Cecil Walkes, M.D., Khalil Zahra, M.D.

Director Wallace moved for approval of the credentialing action items. On a second by Director Danielson, the motion unanimously carried.

Gail Tomita, Service League 1<sup>st</sup> Vice President reported on Tuesday, November 5<sup>th</sup> the East Bay Council of Hospital Volunteers held an informational meeting with Deborah Austin, John Muir Health Director of Patient Relations and Accreditation on the topic of Hospital Consumer Assessment of Healthcare Providers and Systems and the role of the volunteers.

SERVICE LEAGUE REPORT

The Gift Shop held its annual Holiday Gift Show on November 7<sup>th</sup> and 8<sup>th</sup>.

The \$5.00 Jewelry Sale is scheduled for November 25<sup>th</sup>, 26<sup>th</sup>, and 27<sup>th</sup> in Washington West Anderson Auditorium C.

Dr. Lunny reported there are 501 Medical Staff members. Dr. Lunny discussed current pre-applications and applications in process.

The Hospital Calendar video highlighted the following events:

October 10<sup>th</sup> Kristi Caracappa, Health Insurance Information Service Coordinator, presented "Medicare Part D Prescription Plan Update for Open Enrollment"; 54 people attended.

October 10<sup>th</sup> Kristi Caracappa, Health Insurance Information Service Coordinator, presented "Medicare Updates for 2014; 88 people attended.

October 15<sup>th</sup> Washington Hospital hosted the 5<sup>th</sup> Annual Think Pink Breast Health Awareness Event. Dr. Mimi Lin, Radiologist, and Dr. Vandana Sharma, Oncologist, presented at the event. Senator Ellen Corbet presented a Certificate of

MEDICAL STAFF REPORT

HOSPITAL CALENDAR: Community Outreach

Recognition in honor of the 5<sup>th</sup> Annual Event; 314 people attended.

October 17<sup>th</sup>, as part of the Newark Chamber of Commerce event, Nancy Farber, Chief Executive Officer, presented on the Affordable Healthcare Act at the Newark Hilton Hotel; 90 people attended.

October 22<sup>nd</sup>, the Washington Center for Wound Healing and Hyperbaric Medicine hosted a community open house; 40 people attended.

October 26<sup>th</sup>, Washington Hospital hosted the Children's Health and Safety Fair. This free interactive event provided health and safety information for families and also featured the popular teddy bear clinic, staffed by Washington Township Medical Foundation Pediatricians; over 200 people attended.

October 30<sup>th</sup>, Washington Hospital participated in Ohlone College's Passport to Wellness Event. The event provided an opportunity for students to be exposed to strategies to manage stress and learn coping mechanisms. Nachal Bhangal, Registered Dietician presented on "Healthy Foods, Healthy Minds"; 25 students attended.

November 2<sup>nd</sup>, the Washington Center for Wound Healing and Hyperbaric Medicine hosted a foot screening. This event focused on people with diabetes, those with poor circulation in their feet or those with neuropathy; 22 people were screened.

November 7<sup>th</sup>, as part of the Diabetes Matters Program, Dr. Archana Bindra, Endocrinologist, presented "Partnering with your Doctor to Improve Control"; 13 people attended.

November 8<sup>th</sup>, Dr. John Dearborn, Orthopedic Surgeon and Dr. Alexandar Sah, Orthopedic Surgeon, presented "Don't Let Hip Pain Run You Down"; 34 people attended.

November 11<sup>th</sup>, as part of the Washington Women's Center Lunch and Learn Series, Maggie Villagomez, Registered Dietitian, presented "Healthy Holiday Cookies"; 22 people attended.

<u>Upcoming Health Promotions & Community Outreach Events:</u>

November 23<sup>rd</sup>, Washington Hospital will host the 5<sup>th</sup> annual Diabetes Awareness Health Fair. Dr. Prasad Katta, endocrinologist with Washington Township Medical Foundation and Dr. Archana Bindra, endocrinologist will present at the event.

December 3<sup>rd</sup>, as part of the Stroke Education Series, Dr. Ash Jain, Cardiologist and Doug Van Houten, R.N., will present "Acute Management of Stroke" and "Chronic Care and Stroke Rehabilitation."

December 5, as part of the Diabetes Matters Program, Michelle Heading, Spiritual Care Nurse, will present "Strategies for Support: Coping with Chronic Illness During the Holidays".

The Washington Hospital Healthcare Foundation held its annual Top Hat dinner dance on Saturday October 12, 2013. Six hundred and twenty attendees joined the Foundation to raise funds for the Community Mammography Program, a service of the women's center that underwrites the cost of mammograms for patients without the means to pay for them. The gala raised \$295,000 for the Community Mammography Program.

HOSPITAL CALENDAR: Washington Hospital Foundation Report

The Washington Township Health Care District Board of Directors' Report In the past month, district board members represented Washington Township Health Care District at five events including the Fremont City Council meeting on October 1st, the Union City State of the City Address, sponsored by the Union City Chamber of Commerce on October 15th, the Newark Chamber of Commerce's Presentation on the Affordable Care Act, given by Nancy Farber on October 17th, the Tri-City Elder Coalition's Senior Night Out on October 18th and the Retirement Celebration for Linda Ashley, outgoing Chief Executive Officer of the Newark Chamber of Commerce on November 8th.

HOSPITAL CALENDAR: Board of Directors' Report

Washington Hospital Employee Association, W.H.E.A.

WHEA was busy with many social activities during the month of October including coordinating a zip lining event in the Santa Cruz Mountains and organizing a pumpkin carving contest for employees.

HOSPITAL CALENDAR W.H.E.A.

WHEA is conducting a "Drive for Warmth", collecting blankets, sweaters, coats, mittens, hats, scarves to be donated to ABODE services.,

Washington On Wheels (W.O.W.) Mobile Health Clinic

During the month of October, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Senior Center, the Fremont Family Resource Center, the Silliman Activity Center in Newark, the New Haven Adult School and the Ruggeri Senior Center in Union City.

HOSPITAL CALENDAR: Washington On Wheels Mobile Health Van

W.O.W. provided health care services to students and families at Grimmer Elementary School and the Fremont Unified School District Main Office. W.O.W. provided flu shots to 9 different companies throughout Fremont, Newark, Union City and Hayward. A total of 510 flu shots were provided.

Internet Marketing

There were over 44,720 visits to the hospital website in August. The hospital's physician finder section was the most viewed webpage with 15,960 page views, followed by the Employment section with 12,467 and the Volunteer section with 8,458. The About WHHS section received 9,036 page views, and the Women's Health and Pregnancy section with 3,344 page views.

HOSPITAL CALENDAR: Internet Report

InHealth - Channel 78

During the month of October, Washington Hospital's cable channel 78, InHealth, aired new programming including a Health and Wellness program "Sidelined by Back Pain? Get Back into the Game" and the October Board of Director's meeting. In addition, InHealth taped a Washington Women's Center Evening Lecture Series: "Get Your Child's Plate in Shape" and a Diabetes Matters Program "Seasonal Success for Diabetes Meal Planning."

HOSPITAL CALENDAR: InHealth

### Additional Updates

Dr. Albert Brooks, Obstetrician Gynecologist and Chief of Medical Affairs for Washington Hospital, was invited by the Joint Commission to attend the Physician Leader Forum. Dr. Brooks was identified as a national physician leader and a

strong proponent of quality improvement and patient safety. The Physician Leader Forum, which will take place on November 21st, will provide physicians the opportunity to discuss topics in healthcare quality improvement, patient safety, and hot topics in health care. In addition, it will provide an understanding of high reliability principles as applied to health care law, including how these are being used to transform care delivery and patient outcomes.

## Employee of the Month

Linda Runolfson has over 20 years of service with Washington Hospital. Early in Linda's career with Washington Hospital, she managed the Birthing Center. Her strong organizational skills stood out and she worked hard to ensure that Washington Hospital was paid for the maternity stays. In the last two years, Linda has been dedicated to the Epic Project

HOSPITAL CALENDAR: Employee of the Month – Jessica Baldoza

Ms. Farber introduced Barbara Eusebio, Chief of Quality and Resource Management. Ms Eusebio presented the Core Measures: 2014 Update and noted-Core Measures were derived largely from a set of quality indicators defined by the Centers for Medicare and Medicaid Services (CMS) and They have been shown to reduce the risk of complications, and prevent recurrences. Core Measure help the hospital improve the quality of patient care by focusing on the actual results of care. Ms. Eusebio explained CMS has classified these measures into six National Quality Strategy Domains; Patient and Family Engagement, Patient Safety, Care Coordination, Population and Public Health, Efficient Use of Healthcare Resources and Clinical Processed/Effectiveness.

QUALITY REPORT Core Measures: 2014 Update

Chris Henry, Chief Financial Officer, presented the Finance Report for September 2013. The average daily census was 149.9 with admissions of 933 resulting in 4,495 patient days. Outpatient observation equivalent days were 246. The average length of stay was 4.79 days. The case mix index was 1.531. Deliveries were 146. Surgical cases were 360. Joint Replacement cases were 118. Neurosurgical cases were 16. Cardiac Surgical cases were 9, PTCA procedures were 34, and the Outpatient visits were 7,376 and Emergency visits were 4,251. Total productive FTEs were 1,265.0. FTEs per adjusted occupied bed were 7.18.

FINANCE REPORT

Ms. Farber presented the Hospital Operations Report for October. There were 1,007 admissions with 4,810 days of care or an average daily census of 155. This was higher compared to September's average daily census of 150. Preliminary information indicated inpatient revenue for the month of October at approximately \$127,883,000; 57.5% was Medicare and 15.9% was Medi-Cal, for a total of 73.4% in government program revenue. There were 150 deliveries in the Hospital. There were 379 surgical cases at the Hospital and 685 cases at the Outpatient Surgery Center. There were 391 heart procedures including 18 PTCAs. The Emergency Room saw 4,309 patients. The clinics saw approximately 3,956 patients. FTEs per Adjusted Occupied Bed were 6.74.

HOSPITAL OPERATIONS REPORT

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Nicholson adjourned the meeting to closed section at 7:11 p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

ADJOURN TO CLOSED SESSION

Director Nicholson reconvened the meeting to open session at 9:00 p.m. and reported no action was taken in closed session.

RECONVENE TO OPEN SESSION & REPORT ON CLOSED SESSION

There being no further business, Director Nicholson adjourned the meeting at 9:00

ADJOURNMENT

President

WILLIAM NICHOLSON, MD

Secretary