

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, March 14, 2018 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Wallace called the meeting to order at 6:00 pm and led those present in the Pledge of Allegiance.

*CALL TO ORDER*

Roll call was taken: Directors present: Michael Wallace; Bernard Stewart, DDS; Jacob Eapen, MD; William Nicholson, MD. Directors absent: Patricia Danielson, RHIT

*ROLL CALL*

Also present: Nancy Farber, Chief Executive Officer; Albert Brooks MD, Chief of Medical Staff Services; Jeannie Yee, Service League President; Dee Antonio, District Clerk

Guests: Ed Fayen, Kimberly Hartz, Chris Henry, Stephanie Williams, Mary Bowron, Larry Bowen, John Lee, Donald Pipkin, Mary Bowron, Kristin Ferguson, Rob Lanci, Paul Kozachenko.

Nancy Farber, Chief Executive Officer introduced Katharine Mongoven, Director of Quality Solutions at Healthgrades.

*EDUCATION SESSION:  
Healthgrades Awards and  
Presentations*

Ms. Mongovan gave an overview of Healthgrades explaining the methodology used to analyze each short-term acute care hospital in the country based on three years of Medicare patient data.

Washington Hospital is one of America's 100 Best Hospitals, ranking among the top 2% of hospitals in the nation for overall clinical excellence. WHHS is one of three hospitals in Alameda County to be recognized as one of America's 100 Best Hospitals, one of nine in the Bay Area, and one of Twenty in California.

The awards presented to Washington Hospital also include: Distinguished Hospital Clinical Excellence 2014-2018; American's 100 Best Joint Replacement 2012-2018; Joint Replacement Excellence Award 2007-2018; Orthopedic Surgery Excellence Award 2014-2018; 100 Best Orthopedic Surgery 2018. The Five Star Recipient Awards: Treatment of Heart Attack 2016-2018; Total Knee Replacement 2006-2018; Total Knee Replacement 2004-2018; Treatment of Pneumonia 2018; and Treatment of Sepsis 2015-2018.

Director Stewart moved for approval of the minutes of February 19, 26, and 28, 2018.

*APPROVAL OF  
MINUTES OF February  
14, 26, and 28, 2018*

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – absent

The motion carried.

There were no oral communications.

*COMMUNICATIONS:  
ORAL*

*COMMUNICATIONS:  
WRITTEN*

The following written communication received from Al Brooks, MD, Chief of Medical Staff Services, dated February 28, 2018 requesting approval of Medical Staff Credentialing Action Items as follows:

Appointments

Banthia, Vishal MD; Ha, Huan MD; Tran, Thai Hang Thi NP; Vora, Alpa MD; Voscopoulos, Christopher MD

Temporary Privileges

Banthia, Vishal MD; Ha, Huan MD; Tran, Thai Hang Thi NP; Vora, Alpa MD; Voscopoulos, Christopher MD

Reappointments – Two Year

Avon, Mark MD; Azizirad, Omeed MD; DeGalan, Steven MD; Dela Cruz, Rhodora MD; Leong, Shirley MD; Miller, Robert MD; Mogal, Amy Cecilia MD; Ngo, Trang MD; Ragi-Singh, Kashmira MD; Tay, David MD; Tsoi, Timothy MD

Reappointments – One Year

Lin, Bruce MD; Minkin, Dale DDS;

Transfer in Staff Category

Ahmed, Sumera MD; Nail, Anil MD

Completion of Proctoring & Advancement in Staff Category

Ahmed, Sumera MD

Completion of Proctoring Prior to Eligibility for Advancement in Staff Category

Alsofrom, Jessica MD; Kennedy, Daviel MD; Nguyen, Doris MD

New Privilege Requests

Koo, Ralph MD; Phan, Huey MD; Wozniack, Curt MD

Delete Privilege Requests

Azizirad, Omeed MD; Leong, Shirley MD; Mogal, Amy Cecilia MD

Withdrawal of Application

Basra, Apram DO

Resignations

Chen, Leslie DO; Goetz, Abigail PA; Janmohamed, Munir MD; Patel, Bijal MD; Prasad, Gautam MD; Van Der Hagen, Lois MD

Director Nicholson moved for approval of the credentialing action items presented by Dr. Brooks.

Director Stewart seconded the motion.

Roll call was taken:

Michael Wallace – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD – aye  
William Nicholson, MD – aye

Patricia Danielson, RHIT – absent

The motion carried.

Jeannie Yee, Service League, reported on the Service League activities, including the Annual Business Meeting that was held on February 13, 2018. She talked about the speaker for the Annual CAHHS Volunteer Leadership Conference, Dr. Robin Youngson and his book, "Time to Care."

*SERVICE LEAGUE  
REPORT*

Dr. Al Brooks reported there are 589 Medical Staff members which includes 340 active members.

*MEDICAL STAFF  
REPORT*

**The Hospital Calendar video highlighted the following events:**

*HOSPITAL CALENDAR:  
Community Outreach*

**Past Health Promotions & Outreach Events**

During the month of February Lucy Hernandez, Community Outreach Project Manager, provided 17 hand hygiene presentations for students at Vallejo Mill elementary school in Fremont, Schilling elementary school in Newark, and Alvarado and Searles elementary schools in Union City. 419 students participated.

On Thursday, February 15<sup>th</sup>, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, presented "Women's Heart Health." 13 people attended.

On Wednesday, February 20<sup>th</sup>, Dr. Catherine Dao, cardiologist, presented "Heart Disease in Women." 51 people attended.

On Friday, February 22<sup>nd</sup>, Dr. Seema Sehgal, Psychiatry & Behavioral Sciences, presented Anxiety Disorders. 93 people attended.

On March 8<sup>th</sup>, Dr. Seema Sehgal presented Understanding Mood Disorders. 65 people attended.

On Friday, February 23<sup>rd</sup>, Washington Sports Medicine provided athletic trainers and hosted a first aid booth at the Special Olympics basketball tournament at Newark Memorial High School. 340 local athletes participated in this event.

On Saturday, February 24<sup>th</sup>, Prince of Peace and Our Savior Lutheran Church in Fremont hosted "Healthy Living in a Stress-Filled World." Lucy Hernandez provided blood pressure screenings and Luanne Saduete, RN, conducted risk assessments for type 2 diabetes. More than 100 people visited the health information booth of which 32 were screened.

On Tuesday, March 13<sup>th</sup>, Dr. Stacey Barrie, obstetrician and gynecologist, and Dr. Mary Maish, thoracic surgeon presented "Solutions for Weight Management and Surgery Options for the Treatment of Obesity." 16 people attended

**Upcoming Health Promotions & Community Outreach Events**

On Thursday, March 15<sup>th</sup>, from 6 to 8 pm at the Washington Township Medical Foundation, Newark Clinic conference room, Dr. Tam Nguyen, family medicine, will present, "Obesity: Understand the Causes, Consequences and Prevention." This

seminar will also be presented at the Nakamura Clinic conference room in Union City on Wednesday, March 28<sup>th</sup> from 6 to 8 pm.

Also on Thursday, March 15<sup>th</sup>, from 7 to 8:30 pm, as part of the Women Empowering Women series, Dr. Victoria Leiphart, will present "Prioritizing Your Life - It's Time to Get Organized."

The Mental Health Education Series continues with expert speakers on various areas of mental health. Upcoming topics include:

- **March 22:** Understanding Psychotic Disorders, presented by Dr. Seema Sehgal.
- **April 5:** The Link between Substance Abuse and Mental Health Disorders, presented by Carmen Masson, PhD, UCSF
- **April 19:** When Depression Occurs with Other Medical Conditions, presented by Simone Madan, PhD, UCSF
- **May 3:** Mental Wellness, presented by Michele Williams-Smith, Senior Family Advocate, Family Education and Resource Center and Dr. Victoria Leiphart.
- **May 17:** Family Support: Caring for those with Mental Health Disorders, presented by Michele Williams-Smith, Senior Family Advocate, Family Education and Resource Center.

On Saturday, March 17<sup>th</sup>, from 10 am to 1 pm, Washington Hospital will host Stroke Awareness Day. This event screens community members for carotid artery blockage, atrial fibrillation in addition to cholesterol, glucose and blood pressure screenings. This event is co-sponsored by Fremont Bank Foundation.

On Tuesday, March 20<sup>th</sup>, from 6 to 8 pm at the Washington Township Medical Foundation, Newark Clinic conference room, Kristi Caracappa, Health Insurance Information Service Coordinator, will present, "New to Medicare? What you Need to Know." This seminar will also be presented at the Nakamura Clinic conference room in Union City on Wednesday, March 21<sup>st</sup> from 6 to 8 pm.

On Tuesday, April 3<sup>rd</sup> from 6 to 8 pm, Dr. Naveenpal Bhatti, emergency medicine, will present "Wound Care and the Latest Treatment Options."

On Tuesday, April 3<sup>rd</sup>, from 6 to 8 pm at the Washington Township Medical Foundation, Newark Clinic conference room, Dr. Jason Chu will present, "Respiratory Health and Lung Cancer Prevention and Detection." This seminar will also be presented at the Nakamura Clinic conference room in Union City on Tuesday, April 10<sup>th</sup> from 6 to 8 pm.

On Thursday, April 5<sup>th</sup> from 7 to 8 pm, as part of the Diabetes Matters Series, Dr. Amir Dastgah, podiatrist, will present, "Healthy Feet are Happy Feet."

On Saturday, April 14<sup>th</sup> from 10 am to 2 pm, Washington Hospital will host the 12th Annual Women's Health Conference. This event will feature topics such as female-specific stroke risk factors and prevention, an overview of improving your health and quality of life through surgery options, and tips for women to take action to

discover a confident healthy “you.” Dr. William Dugoni, Medical Director for the Washington Women’s Center will provide an update on the Washington Women’s Center.

**Washington Hospital Healthcare Foundation**

The Foundation will host the 33rd Annual Golf Tournament at Castlewood Country Club on Thursday, May 3<sup>rd</sup>. Held in memory of long-time Fremont businessman, Gene Angelo Pessagno, the tournament promises a day of great golf and fun surprises.

*HOSPITAL CALENDAR:  
Washington Hospital  
Foundation Report*

Joshanne Chiang and the Fight Cancer Club at Milpitas High School recently made a heart-felt donation of craft flowers, playdough, and hand-made cards to the infusion center and the UCSF – Washington Cancer Center. The flowers are decorating both the infusion center and the clinic and the cards and playdough gifts are given to patients.

**Washington Township Healthcare District Board of Directors**

Washington Township Healthcare District Board Members attended the Fremont Education Foundation’s Excellence in Education Gala on February 23<sup>rd</sup> and Abode Services’ Journey Home Breakfast on March 2<sup>nd</sup>.

*WASHINGTON  
TOWNSHIP  
HEALTHCARE  
DISTRICT:  
Board of Directors*

**Washington On Wheels Mobile Health Clinic, W.O.W.**

Washington on Wheels (WOW) mobile health clinic is temporarily in Santa Rosa, California, helping support our North. Bay neighbors who were devastated by October's wild fires. Santa Rosa Community Health serves 50,000 patients annually. The wild fires caused extensive fire, smoke and water damage to its largest clinic, Vista Campus, and resulted in the loss of 56 patient exam rooms. The urgent need for temporary clinic space is the reason that WOW is now in Santa Rosa. Our mobile health clinic provides two temporary exam rooms. The mobile health clinic is expected to return to the District at the end of March.

*HOSPITAL CALENDAR:  
Washington On Wheels  
Mobile Health Van*

**Internet and Social Media Marketing**

Washington Hospital’s website serves as a central source of information for the communities the District serves and beyond. The most viewed page was About WHHS.

*HOSPITAL  
CALENDAR:  
Internet and Social  
Media Marketing*

**InHealth - Channel 78**

During the month of February, Washington Hospital’s cable channel 78, InHealth, captured new programming including a Health and Wellness program titled “Women’s Heart Health” and two Mental Health Education Series programs called “Crisis Intervention” and “Understanding Anxiety Disorders.” In addition, InHealth aired the January Citizens' Bond Oversight Committee Meeting and February’s Board of Director’s Meeting.

*HOSPITAL  
CALENDAR:  
InHealth*

**Employee of the Month**

Our March Employee of the Month is Sherry Harrington who joined the Washington Hospital Staff in 1999 as a Respiratory Care Equipment Technician while studying to become a respiratory therapist. At WHHS she had worked as a respiratory

*HOSPITAL  
CALENDAR:  
Employee of the Month –  
Sherry Harrington*

therapist, cardiac rehab exercise therapist, and currently works with outpatients in the pulmonary rehab program.

Nancy Farber introduced Nicholas Legge, Assistant Chief, System Operations and Management Support Services who presented an update on Value Stream and Kaizen Workshops conducted in Perioperative Services – Elective Neuro Surgery. He reviewed the Value Stream Mapping done in May 2017 which was a critical exercise to designing the future state of elective neurosurgery. The first workshop was a 5S held in July 2017 which focused on the Equipment Room, Core Supply and Anesthesia Room. The second workshop focused on pre-op testing with a focus on improving the patient experience while reducing last minute cancelations.

*LEAN UPDATE  
Nicholas Legge*

The third workshop, held in November 2017, focused on surgery scheduling standard form for physicians, clinic standard work for surgery scheduling, OR scheduling standard work, and Epic technology improvements. The fourth workshop, held in January 2018, concentrated on the physician/case preference cards which are critical for accurate scheduling, set up, patient positioning, and supply for cases. The fifth workshop was held March 2018 and focused on room turnover and set up.

Ed Fayen presented the construction update on the Morris Hyman Critical Care Pavilion sharing photographs of the first floor X-Ray room floor prep; installation of Terazzo flooring on the first floor; second floor north west CCU; second floor atrium flooring; second floor staff lounge; WON door installation second and third floors; steel structure erected for south side entry canopy for new ED; most covers concrete placement; forming and rebar for stairs at north east entry; north side paving and base demolition; base rock placed for concrete slab at new loading dock; concrete roof deck placement for new loading dock; and ending with the Site View.

*CONSTRUCTION  
REPORT  
Construction Update*

Mary Bowron, Senior Director of Quality and Resource Management presented the American College of Surgeons National Surgical Quality Improvement Program 2018 Update. Washington Hospital received “Exemplary Status” for ranking in the top 10% of hospitals with lowest mortality rate having a statistically significantly lower observed rate of mortality than what was expected and for ranking in the top 10% of hospitals with lowest complications having a statistically significantly lower observed rate of 30-day morbidity (complications) than what was expected. Washington Hospital had a lower rate of unplanned, 30-day all cause surgical readmissions than expected and a lower rate of unplanned returns to the Operating Room within 30 days of surgery compared to the expected rate as well as a lower rate of respiratory complications compared to the expected rate.

*QUALITY REPORT:  
American College of  
Surgeons: National  
Surgical Quality  
Improvement Program  
2018 Update*

Washington Hospital received “Exemplary Status” for ranking in the top 10% of hospitals with lowest surgical site infections having a significantly lower rate of surgical site infections and a lower rate of urinary tract infections, sepsis, and C.diff infections compared to the expected rate; for ranking in the top 10% of hospitals with lowest mortality in general surgery having a statistically significantly lower mortality and lower complications, infections, renal failure and readmissions than what was expected; and for ranking in the top 10% of hospitals with lowest

morbidity, renal failure and urinary tract infections in cardiac surgery having a statistically significantly lower morbidity, renal failure and urinary tract infection rate, and lower surgical site infections, readmissions and ventilator duration over 48 hours rate than what was expected.

Washington Hospital received "Exemplary Status" for ranking in the top 10% of hospitals with lowest rates of readmissions and urinary tract infections in orthopedic surgery for knee replacement having a statistically significantly lower readmission and urinary tract infection rates and lower complications, surgical site infections, and blood clots in the 30 days post-surgery compared to what was expected and for ranking in the top 10% of hospitals with lowest rates of complications among hip replacement patients having a statistically significantly less complications and lower rates of blood clots, infections and readmissions in the 30 days post-surgery compared to what was expected.

Chris Henry, Chief Financial Officer, presented the Finance Report for January 2018. The average daily census was 185.6 with admissions of 1,204 resulting in 5,753 patient days. Outpatient observation equivalent days were 128. The average length of stay was 4.90 days. The case mix index was 1.424. Deliveries were 134. Surgical cases were 381. Joint Replacement cases were 163. Neurosurgical cases were 21. Cardiac Surgical cases were 7. The Outpatient visits were 7,292 and Emergency visits were 4,954. Total productive FTEs were 1,294.7. FTEs per adjusted occupied bed were 6.05.

*FINANCE REPORT*

Nancy Farber presented the Hospital Operations Report for February 2018. Preliminary information indicated gross revenue for the month of February at approximately \$159,440,000. The Average Length of Stay of 4.64 and there were 4,767 patient days. There were 365 Surgical Cases and 287 Cath Lab procedures at the Hospital. Deliveries for February were 143. Non-Emergency Outpatient visits were 6,902. FTEs per Adjusted Occupied Bed were 6.38. The Washington Outpatient Surgery Center had 413 cases and the clinics saw approximately 3,286 patients.

*HOSPITAL  
OPERATIONS REPORT*

In accordance with District Law, Policies and Procedures, Director Eapen moved that the Board of Directors authorize the Chief Executive Officer enter into the necessary contracts to proceed with the purchase of the Medtronic External Pacemaker Generators for an amount not to exceed \$119,000.00.

*CONSIDERATION OF  
MEDTRONICS  
EXTERNAL  
PACEMAKER  
GENERATORS*

Director Stewart seconded the motion.  
Roll call was taken:

Michael Wallace – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – absent

The motion carried.

In accordance with District Law, Policies and Procedures, Director Eapen moved that the Board of Directors authorize the Chief Executive Officer to enter into the necessary contracts and proceed with the purchase of End Tidal CO2 Modules in an amount not to exceed \$42,000.00.

*CONSIDERATION OF  
PHILIPS END TIDAL  
CO2 (ETCO2)  
MODULES*

Director Stewart seconded the motion.

Roll call was taken:

Michael Wallace – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – absent

The motion carried.

In accordance with District Law, Policies and Procedures, Director Eapen moved that the Board of Directors authorize the Chief Executive Officer to enter into the necessary contracts to proceed with the purchase of four Giraffe Warmers for the Special Care Nursery for a total amount not to exceed \$90,933.05.

*CONSIDERATION OF  
GIRAFFE WARMER:  
SPECIAL CARE  
NURSERY*

Director Stewart seconded the motion.

Roll call was taken:

Michael Wallace – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – absent

The motion carried.

In accordance with Health & Safety Code Sections 1461, 1462 and 32106 and Government Section 54954.5(h) Director Wallace adjourned the meeting to closed session at 7:43 pm, as the discussion pertained to Hospital trade secrets, Human Resources matters, and Risk Management.

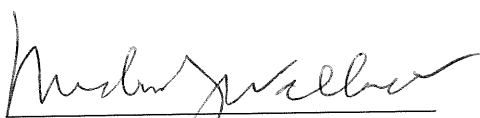
*ADJOURN TO CLOSED  
SESSION*

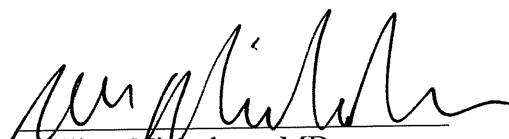
Director Wallace reconvened the meeting to open session at 8:18 pm and reported no action was taken in closed session.

*RECONVENE TO OPEN  
SESSION & REPORT ON  
CLOSED SESSION*

There being no further business, Director Wallace adjourned the meeting at 8:18 pm.

*ADJOURNMENT*

  
Michael Wallace  
President

  
William Nicholson, MD  
Secretary