A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, March 12, 2014 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Stewart called the meeting to order at 6:05 p.m. and led those present in the Pledge of Allegiance.

CALL TO ORDER

Roll call was taken. Directors present: Bernard Stewart, DDS, William Nicholson, MD, Patricia Danielson, RHIT, Jacob Eapen, MD, Michael Wallace

ROLL CALL

Also present: Nancy Farber, Chief Executive Officer, Peter Lunny, Chief of Medical Staff, Jose Aguirre, Service League 1<sup>st</sup> Vice President, Christine Nguyen-Flores, Executive Assistant Guests:

Kimberly Hartz, Chris Henry, Bryant Welch, Barbara Eusebio, Stephanie Williams, Tina Nunez, Kathy Hunt, Robert Alfieri, Janice Stewart, Kristin Ferguson, Larry Bowen, Donald Pipkin, Ruth Traylor, Kent Joraanstad, Brian Smith, MD, Vera Teyrovsky, Angus Cochran, Doug Van Houten, Lisa Sharp, Susan Allen, Bill Emberly, Joseph Noonan

Ms. Farber introduced Dr. Brian Smith, Medical Director and Chairman, Anesthesiology who discussed the Acetaminophen Overuse Danger. Dr. Smith reported there are over 600 over the counter and prescription medicines that contain acetaminophen. 25 Billion doses of acetaminophen have been sold in the US since 1950. Acetaminophen (Tylenol ®) is a medication with a narrow "therapeutic index"; this means that the dose that can hurt you is not very much higher than the dose that is required to help you. Some consumer safety procedures include: finding out what ingredients are in all medications you are taking, RX and over the counter, keep track of your daily dose, be aware of interactions with medicines and alcohol, and discuss questions with your healthcare provider.

Director Wallace moved for approval of the minutes of February 10, 12, 24, and 26, 2014. Director Nicholson seconded the motion. Roll call was taken:

APPROVAL OF MINUTES OF FEBRUARY 10, 12, 24, AND 26, 2014

Bernard Stewart, DDS - aye Michael Wallace - aye William Nicholson, MD - aye Patricia Danielson, RHIT - aye Jacob Eapen, MD – aye

The motion unanimously carried.

Ms. Farber introduced Doug Van Houten, RN. Mr. Van Houten presented the 2<sup>nd</sup> International Heart & Brain Conference in Paris, France from February 27 – March 1, 2014. Mr. Van Houten noted that Cardiologists, Neurologists, Geriatricians, Internists and Nurses from all around the world met to discuss the science of a common problem – stroke. Stroke is the fourth leading cause of death in the USA and the second leading cause of death worldwide; stroke the fifth leading cause of death in men, the third leading cause of death in women and the leading cause of serious, long-term disability. Because stroke is a major source of morbidity and mortality in this community, this community deserves the most up-to-date and effective stroke care available. Evidence from this high-level, international conference supports the conclusion that the Washington Hospital stroke program meets our company's high expectations.

COMMUNICATIONS ORAL

EDUCATION SESSION:

Dangers of Overuse of Acetaminophen

The following written communication was received from Peter Lunny, M.D., Chief of Staff, dated February 24, 2014, requesting approval of Medical Staff Credentialing Action Items as follows:

COMMUNICATIONS WRITTEN

## Appointments:

Prasad, Gautam, MD

# Reappointments:

Avon, Mark., MD; Azizirad, Omeed, MD; DeGalan, Steven B., MD; Dela Cruz, Rhodora, C., MD; Henderson, Fiona V., MD; Leong, Shirley J., MD; Lin, Horng (Bruce) J., MD; Liou, Hsingming John, MD; Miller, Robert, MD; Minkin, Dale H., MD; Ngo, Trang, MD; Ragi, Kashmira S., MD; Tay, David T., MD; Tsoi, Timothy G., MD

# Non-Reappointments – Deemed to have Resigned:

Lal, Deepali, MD

#### Resignations:

Youssef, Youssef, MD

Director Wallace moved for approval of the credentialing action items. Director Nicholson seconded the motion.

#### Roll call was taken:

Bernard Stewart, DDS- aye Michael Wallace - aye William Nicholson, MD - aye Patricia Danielson, RHIT - aye Jacob Eapen, MD - aye

The motion unanimously carried.

Ms. Farber introduced Jose Aguirre, Service League 1<sup>st</sup> Vice President, presenting in place of Gail Tomita, Service League President. Mr. Aguirre noted the Service League Annual Meeting and Luncheon was held on Monday, February 10, 2014. The new 2014-2015 officers for the Service League were installed as follows:

SERVICE LEAGUE REPORT

President: Gail Tomita
1st Vice President: Jose Aguirre
2nd Vice President: Debra Jackson
Secretary: Charity Jentzsch
Treasurer: Donna Lim

Parliamentarian: Jeannie Yee

Dr. Lunny reported there are 506 Medical Staff members.

# The Hospital Calendar video highlighted the following events:

February 19<sup>th</sup> and 26<sup>th</sup>, the Washington Community Health Resource Library in collaboration with nursing students from California State University, East Bay hosted two mini health fairs. These took place at Sequoia Manor / Redwood Lodge

MEDICAL STAFF REPORT

HOSPITAL CALENDAR: Community Outreach

and Cottonwood Place both located in Fremont; 68 people were screened.

February 26<sup>th</sup>, Ruth Traylor, Director of Community Outreach presented information on the 2013 Community Health Needs Assessment to the Newark Optimist Club; 15 people attended.

February 26<sup>th</sup>, Dr. Jeffrey Carlson, cardiologist, present on "Heart and Lungs" for the Better Breathers Support Group; 52 people attended.

March 5<sup>th</sup>, Kristi Caracappa, Health Insurance Information Service Coordinator, presented "Do You Have Health Insurance Coverage? Learn About Your Options"; 22 people attended.

March 6<sup>th</sup>, as part of the Diabetes Matters Program, Dr. Archana Bindra, endocrinologist, presented Diabetes Update 2014: What's New?; 18 people attended.

# Upcoming Health Promotions & Community Outreach Events

March 19<sup>th</sup> from 1 to 3pm, Dr. Mark Saleh, urologist will present "Prostate Health and Prostate Cancer." This event is co-sponsored by Washington Township Medical Foundation.

March 19<sup>th</sup> from noon to 1pm, as part of the Women's Center Healthy Knowledge at Noon Programs, Lorie Roffelson, registered dietitian, will present "Snack Attack – Healthy or Harmful."

March 22nd from 10am to 1pm, Washington Hospital will host Stroke Awareness Day. This free event screens community members for carotid artery blockage, atrial fibrillation as well as cholesterol, blood sugar and blood pressure screenings. This event is co-sponsored by Fremont Bank.

March 24th, from noon to 1pm, as part of the Women's Center Healthy Knowledge at Noon Programs, Kari Robertson, Kinesiologist, will present "Osteoporosis and Women."

#### Washington Hospital Healthcare Foundation Report

Washington Hospital Healthcare Foundation is proud to announce that it will host the 29th Annual Golf Tournament at Castlewood Country Club on April 28, 2014. Held in memory of long-time Fremont businessman, Gene Angelo Pessagno, the tournament promises a day of great golf and fun surprises.

In the past month, district board members represented Washington Township Health Care District at the League of Volunteers' Elegant Affaire on February 14th, the Fremont Education Foundation's Excellence in Education Gala on February 28th and Abode Services' 9th Annual Journey Home Breakfast on March 6th.

### Washington On Wheels Mobile Health Clinic, W.O.W.

During the month of February, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Family Resource Center, the Silliman Activity Center in Newark, and the Ruggieri Senior Center in Union City. W.O.W. also provided health care services to students and families at

HOSPITAL CALENDAR: Washington Hospital Foundation Report

HOSPITAL CALENDAR: Board of Directors' Report

HOSPITAL CALENDAR: Washington On Wheels Mobile Health Van

Brier Elementary School, and the Fremont Unified School District Office. Sports Physicals were provided to 36 athletes at Irvington High School. Sports physicals are required for students to participate in school sports.

#### **Internet Marketing**

There were over 46,389 visits to the hospital website in February. The hospital's Employment section was the most viewed webpage with 14,343 page views, followed by the Physician Finder section with 14,342 page views and the Volunteers section with 9,284 page views. The About WHHS section had 9,284 views and the Women's Health and Pregnant with 2,696.

HOSPITAL CALENDAR: Internet Report

#### InHealth - Channel 78

During the month of February, Washington Hospital's cable channel 78, InHealth, aired new programming including a Diabetes Matters program titled "Strategies for Support", a presentation of Sports-related concussions InHealth also taped a Diabetes Matters Program titled "Heart Disease & Diabetes", a Lecture Series "Meatless Mondays", Health & Wellness presentation "High Blood Pressure: Don't let it go undetected" and the February Board of Directors meeting.

HOSPITAL CALENDAR: InHealth

# Other Updates

On February 24, best-selling author and speaker, Marcus Engle presented to the Compliance and Quality Department on his story of recovery after being blinded and catastrophically injured by a drunk driver. Speaking about his book "The Other End of the Stethoscope" he shared insights regarding how the culture of the healthcare environment can reignite the passion that fuels excellence in all aspects of healthcare and provided strategies for ensuring excellent patient care.

OTHER UPDATES

On February 26th, Washington Hospital hosted educators from the Japanese Red Cross College of Nursing. The site visit provided the educators with information on Washington Hospital's e-learning program. They also toured the Richard M. Warren Nursing Simulation Lab. Washington Hospital was singled out by the Japanese nurse educators for many reasons, including its status as a Magnet Hospital and its ranking as the fourth best Hospital in the Bay Area according to US News and World Report.

In February, Washington Hospital was named a Baby-Friendly Hospital by the Baby-Friendly Hospital Initiative, a global program launched by the World Health Organization and the United Nations Children Fund (UNICEF). The initiative is also endorsed by the American Academy of Pediatrics. Washington Hospital is one of few U.S. hospitals recognized for exceptional support of breastfeeding moms and babies. Fewer than 175 hospitals in the U.S. are recognized as "Baby-Friendly"

This prestigious recognition validates Washington Hospital's commitment to moms, babies and families. The designation recognizes hospitals and birthing centers that offer optimal level of care for infant feeding and mother/baby bonding.

The Washington Center for Wound Healing and Hyperbaric Medicine has been awarded Healogic's Center of Distinction Award for Year 2013.

The award recognizes extraordinary performance by staff and physicians who deliver wound care and treatment in a manner that exceeds the performance of other similar programs on key wound healing rates, and patient satisfaction.

# **Employee of the Month**

Clive Chambers was hired in December 1988 as a Staff Nurse II in the Emergency Department. In 2003, he transferred to the Continuing Care Coordinator Social Services role. In 2006, he was promoted to Staff Nurse III. He is described by his peers as highly reliable, a good mentor and a great team player who is very dedicated and passionate about his job.

HOSPITAL CALENDAR: Employee of the Month -Clive Chambers

Ms. Farber introduced Robert Alfieri, Director of Facilities Services. Mr. Alfieri presented a construction update noting the Phase II Morris Hyman Critical Care Pavilion's abatement process is complete. The demolition process will be the next step after approval by the Board. Mr. Alfieri reported the parking garage is going through city planning and the overall commissioning process. Mr. Alfieri provided an update on the crosswalk sharing that there have been improvements made to make the crosswalk safer.

CONSTRUCTION REPORT Construction Update

Barbara Eusebio, Chief of Quality and Resource Management presented the Quality Dashboard – Quarter ending December 2013 reviewing the Core Measure Compliance that included Acute Myocardial Infarction, Heart Failure, Pneumonia, Surgical Care Improvement Project and Hospital Outpatient Surgery. Ms Eusebio continued by discussing the Infection Prevention Indicators and Nurse Sensitive Indicator which include the IHI Central Line Bundle Compliance, Ventilator Associated Events, Surgical Site Infections, Pressure Ulcer Prevalence and Falls per 1000 Patient Days (Acute Care).

QUALITY REPORT Quality Dashboard – Quarter Ending 12/2013

Chris Henry, Chief Financial Officer, presented the Finance Report for January 2014. The average daily census was 178.3 with admissions of 1,036 resulting in 5,527 patient days. Outpatient observation equivalent days were 274. The average length of stay was 5.32 days. The case mix index was 1.534. Deliveries were 140. Surgical cases were 366. Joint Replacement cases were 120. Neurosurgical cases were 28. Cardiac Surgical cases were 7, and the Outpatient visits were 7,914 and Emergency visits were 4,709. Total productive FTEs were 1,222.9. FTEs per adjusted occupied bed were 6.22.

FINANCE REPORT

Ms. Farber presented the Hospital Operations Report for February. There were 951 admissions with an average daily census of 172. This was lower than the budget of 1,021 admissions and 16.6% below the budgeted average daily census of 206. Preliminary information indicated inpatient revenue for the month of January at approximately \$123,100,000; 56.0% was Medicare and 20% was Medi-Cal, for a total of 76.0% in government program revenue. There were 141 deliveries in the Hospital resulting in 297 baby days. There were 340 surgical cases at the Hospital a 546 cases at the Outpatient Surgery Center. The Emergency Room saw 4,179 patients. The clinics saw approximately 3,812 patients. FTEs per Adjusted Occupied Bed were 6.43.

HOSPITAL OPERATIONS REPORT

In accordance with District Law, Policies and Procedures, Director Danielson moved for approval of the purchase of the Epic 7C Ultrasound System, all appropriate probes and software upgrades for an amount not to exceed \$281,000. This equipment was included in the Fiscal Year 2015 Capital Equipment Budget. Director Wallace seconded the motion.

APPROVAL OF EPIC 7C ULTRASOUND SYSTEM

Roll call was taken:

Bernard Stewart, DDS— aye Michael Wallace - aye William Nicholson, MD - aye Patricia Danielson, RHIT - aye Jacob Eapen, MD— aye

The motion unanimously carried.

In accordance with District Law, Policies and Procedures, Director Danielson moved for the approval of the Chief Executive Officer to be authorized to enter into the necessary contracts and proceed with the purchase of the hardware, software, and implantation services for the Upgrade of SunQuest PowerPath from Version 8.3 to Version 10 for a total amount not to exceed \$163,319. This expense was included in the Fiscal Year 2014 I.S. Project Budget. Director Wallace seconded the motion.

APPROVAL OF ULTRASONIC ASPIRATOR

Roll call was taken:

Bernard Stewart, DDS— Aye Michael Wallace - Aye William Nicholson, MD - Aye Patricia Danielson, RHIT - Aye Jacob Eapen, MD – Aye

The motion unanimously carried.

In accordance with District Law, Policies and Procedures, Director Danielson moved for the approval of the Chief Executive Officer to be authorized to proceed with the purchase of 35 CADD-Solis epidural pumps for an amount note to exceed \$168,000. This purchase was included in the Fiscal Year 2014 Capital Equipment Budget.

Roll call was taken:

Bernard Stewart, DDS- Aye Michael Wallace - Aye William Nicholson, MD - Aye Patricia Danielson, RHIT - Aye Jacob Eapen, MD - Aye

The motion unanimously carried.

In accordance with District Law, Policies and Procedures, Director Danielson moved for the approval of the Chief Executive Officer to be authorized to accept the bid received from Silverado Contractors, Inc. for demolition of the Whitaker Pavilion and Annex for an amount not to exceed \$252,822 and that the Chief Executive Officer be directed to execute contractual documents to complete this project. This purchase was included in the Morris Hyman Critical Care Pavilion

(Phase II) Project Budget. Director Wallace seconded the motion. Roll call was taken:

Bernard Stewart, DDS- Aye Michael Wallace - Aye William Nicholson, MD - Aye Patricia Danielson, RHIT - Aye Jacob Eapen, MD - Aye

The motion unanimously carried.

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Stewart adjourned the meeting to closed section at 7:55 p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

ADJOURN TO CLOSED SESSION

Director Stewart reconvened the meeting to open session at 8:38p.m. and reported no action was taken in closed session.

RECONVENE TO OPEN SESSION & REPORT ON CLOSED SESSION

There being no further business, Director Stewart adjourned the meeting at

*ADJOURNMENT* 

Bernard Stewart, DDS

President /

8:39p.m.

William Nicholson, MD

Secretary