

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, February 12, 2014 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Stewart called the meeting to order at 6:02 p.m. and led those present in the Pledge of Allegiance.

*CALL TO ORDER*

Roll call was taken. Directors present: Bernard Stewart, DDS, William Nicholson, MD, Patricia Danielson, RHIT, Jacob Eapen, MD, Michael Wallace

*ROLL CALL*

Also present: Nancy Farber, Chief Executive Officer, Ed Fayen, Senior Administrative Associate, Kimberly Hartz, Senior Administrative Associate, Peter Lunny, Chief of Medical Staff, Jeannie Yee, Service League President, Catherine Bartling, District Clerk

Guests: Chris Henry, Dave Starr, Janice Stewart, Kent Joraanstad, Albert Brooks, MD, Barbara Eusebio, Larry Bowen, Dan Nardoni, Kathy Hunt, Nick Legge, David Hayne, Vera Teyrovsky, Chris Brown, Mary Bowron, Angus Cochran, Bryant Welch, Tina Nunez, Gisela Hernandez, Bill Emberely, John Tran, John Sayage, Joe Tada, Christine Nguyen-Flores, Patrick Doyle, Bill Westcott, Elaine McElroy, Dee Dee Smith, Lisa Bates, S. Slate, Larry N.

Ms. Farber introduced Michael Engle, Senior Director of Ambulatory Care Services and Russell Nord, MD, Medical Director, Sports Medicine Program who discussed the Washington Sports Medicine program. Dr. Nord reported over 7.7 million U.S. high school students participated in high school sports in 2012-2013 and noted there are 2 million injuries to high school athletes each year, resulting in 500,000 visits to doctors and 30,000 hospitalizations. The CDC estimates up to half of these may be preventable by education, proper technique, and proper training. Dr. Nord reviewed the Washington Hospital Sports Medicine Program. Mr. Engle discussed the history of the Sports Medicine Program and reviewed services currently provided including pre-participation physicals, support from certified athletic trainers and coordination of the program with the Washington healthcare system.

*EDUCATION SESSION:*

*Washington Sports  
Medicine Program Update*

Director Stewart moved for approval of the minutes of January 8, 20, 22, 27, 28, and February 5, 2014. Director Wallace seconded the motion.  
Roll call was taken:

*APPROVAL OF MINUTES  
OF JANUARY 8, 20, 22, 27,  
28, AND FEBRUARY 5,  
2014*

Bernard Stewart , DDS– Aye  
Michael Wallace - Aye  
William Nicholson, MD - Aye  
Patricia Danielson, RHIT - Aye  
Jacob Eapen, MD – Aye

The motion unanimously carried.

Director Stewart opened the floor to communications from the public. Bill Westcott was invited to address the Board.

*COMMUNICATIONS  
ORAL*

Mr. Westcott, representative for the California Nurse's Association spoke on behalf of Lisa Bates, RN, discussing Ms. Bates background, skills, termination and arbitration ruling and asked the Board to reinstate Lisa Bates, RN employment. There were no other oral communications.

The following written communication was received from Peter Lunny, M.D., Chief of Staff, dated January 14, 2014, requesting approval of Medical Staff Credentialing Action Items as follows:

*COMMUNICATIONS  
WRITTEN*

Appointments: Hogberg, Ingrid, M.D., Kumar, Mrudula, M.D., Martinez, Dennis A., M.D., and Medhekar, Vaibhav M.D.

Reappointments: Bhatti, Naveenpal S., M.D., Bodnar, Shelli M., M.D., Chan, Steven D., DDS., Cheney, Tamara, M.D., Cohn, James N., MD., Da Roza, Ricardo, M.D., Dudyala, Vijaya, M.D., Friedkin, Stephen, M.D., Hadiwidjaja, Angeline S., M.D., Jain, Ash, M.D., Japra, Romesh K., M.D., Kahlon, Vasdeep, M.D., Lilja, James F., M.D., Lou, Lay-Hwa, M.D., Maish, Mary S., M.D., Naimi, Nasrin S., M.D., Nicholson, William F., M.D., Quiroz, Eva S., M.D., Reen, Ranjit K., M.D., Sarda-Maduro, Mary Ann T., M.D., Shibuya, Barry E., M.D., Shih, Chuanfang, M.D., Singh, Devindar, M.D., Taylor, Claribel P., M.D., Wong, Clifford, M.D., Zheng, Hui (Kasey), M.D.

Non-Reappointments – Deemed to have Resigned: Bradley, Jonathan, M.D.

Resignations: Hemsey, David M.D., and Aleman-Martin, Margie, M.D.

Director Stewart moved for approval of the credentialing action items. Director Danielson seconded the motion. Director Nicholson abstained from voting.

Roll call was taken:

Bernard Stewart , DDS– Aye  
Michael Wallace - Aye  
William Nicholson, MD - Abstained  
Patricia Danielson, RHIT - Aye  
Jacob Eapen, MD – Aye

The motion carried.

Jeannie Yee, Service League President, presented the report for the month noting there were bylaws changes voted by the General Membership at the Annual Business Meeting February 10, 2014. The total given to the hospital was \$2,374,406.68, not including special donations to bond measures. The total hours served was 1,944,418.

*SERVICE LEAGUE  
REPORT*

Dr. Lunny reported there are 507 Medical Staff members. Dr. Lunny noted there are 4 new applicants.

*MEDICAL STAFF  
REPORT*

The Hospital Calendar video highlighted the following events:

*HOSPITAL CALENDAR:  
Community Outreach*

January 16<sup>th</sup> and 17<sup>th</sup>, Washington Hospital hosted flu vaccination clinics for the community. Dr. Dianne Martin, Infectious Disease specialist, provided interviews for both radio and TV to educate community members on why flu vaccines are important. Over 300 people received a flu vaccination during this 2 day event.

January 22<sup>nd</sup> Dr. Dianne Martin presented on Infection Control and Lung Health for the Better Breathers Support Group; 56 people attended.

January 24<sup>th</sup> as part of the Washington Hospital Speaker's Bureau, Anna Mazzei, Registered Dietitian, presented on healthy eating for diabetics. This presentation took place at the Fremont Senior Center; 20 people attended.

January 25<sup>th</sup> Washington Hospital screened 143 people at the Abdominal Aortic Aneurysm Screening. These aneurysms develop over time and may have no symptoms. However, if one bursts, it can cause immediate and life-threatening symptoms. Of the 143 screened, 3 were found to have possible aortic aneurysms and 7 were found to have other serious health conditions. A special thank you to Fremont Bank for co-sponsoring this screening.

January 28<sup>th</sup> Dr. Jason Chu, pulmonologist, presented "How Healthy Are Your Lungs? Latest Updates in Lung Health and Lung Cancer." Washington Township Medical Foundation co-sponsored this event."

January 29<sup>th</sup> Nachal Bhangal, Registered Dietitian presented Healthy Eating for 2014 at Fremont Hills assisted Living Facility; 12 people attended

January 30<sup>th</sup>, Washington Hospital in conjunction with the Service Employees International Union, hosted a Covered California Enrollment Event. The event provided community members the opportunity to meet with certified enrollment assisters have questions answered and directly enroll in Covered California health plans; 78 people attended the event.

February 5<sup>th</sup>, as part of the Speaker's Bureau, Lorie Roffelson, Registered Dietitian presented on heart healthy eating to employees of Boehringer Ingelheim. Located in Fremont, Boehringer Ingelheim is a manufacturer of bio pharmaceutical products; 30 people attended.

February 6<sup>th</sup>, Washington Hospital participated in the Fremont Community Health and Wellness Resource Fair at Unitek College. Staff from the Washington Outpatient Rehabilitation Center provided body mass index screenings. Over 100 people visited the Washington Hospital Healthcare System booth and approximately 50 body mass index screenings were provided

February 10<sup>th</sup>, as part of the Washington Women's Center Evening Lecture Series, Maggie Villagomez, Registered Dietitian and Anna Mazzei, Registered Dietitian presented "Meatless Monday – Get More Veggies on Your Plate."

February 11<sup>th</sup>, from 1 to 3pm, Dr. Rohit Sehgal, cardiologist and Lorie Roffelson, Registered Dietitian will present "High Blood Pressure: Don't Let it Go Undetected" and "Heart Healthy Meals." , 45 people attended.

#### Upcoming Health Promotions & Community Outreach Events

February 19<sup>th</sup> and 26<sup>th</sup>, the Washington Community Health Resource Library in collaboration with nursing students from California State University, East Bay will

be hosting two mini health fairs. These will take place at Sequoia Manor / Redwood Lodge in Fremont and Cottonwood Place also in Fremont. This course provides students with skills to organize health screening and assessment functions to promote well-being to clients living in the community. The nursing students will provide blood pressure screenings and the Community Health Resource Library will be providing bone density screenings for osteoporosis.

February 26<sup>th</sup> Dr. Jeffrey Carlson, cardiologist, will present on "Heart and Lungs" for the Better Breathers Support Group.

March 4<sup>th</sup> as part of the Stroke Education Series, Dr. Ash Jain, cardiologist and Doug Van Houten, R.N. will present Introduction – Stroke and Risk Factors for Stroke".

March 5<sup>th</sup> Kristi Caracappa, Health Insurance Information Service Coordinator, will present "Do You Have Health Insurance Coverage? Learn About Your Options"

#### **Washington Hospital Healthcare Foundation Report**

January 27<sup>th</sup> the Foundation held its annual meeting for trustees and members. At the meeting, trustees elected Gary Charland, Gloria Gutierrez, Ping Lombardi, and Jack Rogers to join the board of trustees. Also elected as members of the Foundation were Valerie Boyle, Brad Hatton, and Kevin Smith. At the annual meeting, trustees approved the disbursement of over \$478,000 to support a wide variety of clinical services at Washington Hospital, including the Bi-Plane Cath Lab; the Sandy Amos, RN, Outpatient Infusion Center; Washington on Wheels Mobile Health Clinic; the community mammography program; and the cancer genetic screening program.

*HOSPITAL CALENDAR:  
Washington Hospital  
Foundation Report*

The Washington Hospital Healthcare Foundation is proud to announce that it will host the 29th Annual Golf Tournament at Castlewood Country Club on April 28, 2014. Held in memory of long-time Fremont businessman, Gene Angelo Pessagno, the tournament promises a day of great golf and fun surprises. Tournament chair, Lamar Hinton, promises another enjoyable tournament. He says, "I am excited we are returning to Castlewood Country Club this year. Gather up some friends and enter a foursome. It's a great day out and it's for a great cause." To reserve your foursome, please call Washington Hospital Healthcare Foundation at (510) 791-3428.

Washington Hospital Employee Association, W.H.E.A.  
In January, WHEA completed the annual WHEA Wish List requests. Hospital departments applied for funding for equipment to assist with patient care. WHEA donated an all-time high of over \$7,000.00 to various departments.

*HOSPITAL CALENDAR  
W.H.E.A.*

Washington On Wheels Mobile Health Clinic, W.O.W.  
During the month of January the Washington On Wheels Mobile Health Clinic (W.O.W.) provided primary health care services to community members at the Fremont Senior Center, Fremont Family Resource Center, the Silliman Activity

*HOSPITAL CALENDAR:  
Washington On Wheels  
Mobile Health Van*

Center in Newark, and the Ruggeri Senior Center in Union City. W.O.W. also provided services to students at Brier Elementary School in Fremont. W.O.W. also provided physicals and immunizations at the Fremont Unified School District main office for students transferring into Fremont area schools.

Washington On Wheels staff coordinated and staffed the flu clinics held on January 16th and 17th which provided over 300 flu vaccines to community members.

### **Internet Marketing**

There were over 50,779 visits to the hospital website in January. The hospital's physician finder section was the most viewed webpage with 17,321 page views, followed by the Employment section with 12,538 and the Volunteers section with 9,084 page views. The About WHHS section had 9,081 views and the Women's Health and Pregnant with 3,787.

*HOSPITAL CALENDAR:  
Internet Report*

### **InHealth - Channel 78**

During the month of January, Washington Hospital's cable channel 78, InHealth, aired new programming including a Washington Women's Center program "Healthy Holiday Cookies" and the December Board of Directors Meeting.

*HOSPITAL CALENDAR:  
InHealth*

InHealth also taped a Diabetes Matters Program "Strategies for Support: Coping with Chronic Illness During the Holidays"

### **Other Updates**

At February 10 annual meeting of the Washington Hospital Service League, new service league officers were inducted; effective March 1, 2014, the officers are:

*OTHER UPDATES*

Gail Tomita, President  
Jose Aguirre, 1st Vice President  
Debbie Jackson, 2nd Vice President  
Charity Jentsch, Secretary  
Donna Lim, Treasurer  
Jeannie Yee, Parliamentarian

Nancy Farber, CEO, was presented with a check in the amount of \$55,000. The service league's donation to the hospital is to purchase nine Special Care Nursery beds.

### **Employee of the Month**

Ann Marie Perez began her career as a LVN at Washington Hospital in 2006. She has a BS in Business Management, graduating with Cum Laude. Ann accepted the role of business assistant in Nursing Education. She demonstrates the Patient First Ethic with her excellent customer service and goes beyond the call of duty to help others.

*HOSPITAL CALENDAR:  
Ann Marie Perez*

Ed Fayen, Senior Administrative Associate presented a construction update. Mr. Fayen noted we are getting close to going to bid. We are close to awarding the demolition permit, which will be brought forward at a future Board meeting. Mr. Fayen reported the garage is currently in the permit review stage and also starting to go before the planning commission of the City of Fremont for an architectural review. Mr. Fayen shared the conditions regarding the permits noting the comments received from the Construction Permit Review appeared to be a combination of the Planning Commission viewpoint and from the Permit viewpoint; we are in the process of responding.

*CONSTRUCTION  
REPORT  
Construction Update*

Barbara Eusebio, Chief of Quality and Resource Management presented the Hospital Outpatient Quality Reporting Program, Calendar Year 2014.

*QUALITY REPORT  
Hospital Outpatient Quality  
Reporting Program,  
Calendar Year 2014.*

Ms. Eusebio noted the Centers of Medicare and Medicaid Services (CMS) requires hospitals to report outpatient data for services to receive the full annual payments. A 2% reduction is applied to annual payment for hospitals not meeting requirements. The Outpatient program is actively modeled on the current quality data reporting program for inpatient services. The purpose of this includes emphasis on reducing unnecessary diagnostic/therapeutic care, promotion of efficient and high quality patient care, maintaining transparency of data among the members of the community, ensuring resources are neither under nor over utilized, and allowing for benchmarking and best practices. The next steps will include ongoing monitoring of performance over time, evaluating necessity of identified tests and follow-up procedures, and education efforts on appropriateness of tests and risks/benefits involved.

Chris Henry, Chief Financial Officer, presented the Finance Report for December 2013. The average daily census was 167.1 with admissions of 1,010 resulting in 5,181 patient days. Outpatient observation equivalent days were 248. The average length of stay was 4.83 days. The case mix index was 1.458. Deliveries were 136. Surgical cases were 340. Joint Replacement cases were 110. Neurosurgical cases were 9. Cardiac Surgical cases were 9, and the Outpatient visits were 7,101 and Emergency visits were 4,243. Total productive FTEs were 1,225.6. FTEs per adjusted occupied bed were 6.53.

*FINANCE REPORT*

Ms. Farber presented the Hospital Operations Report for January. There were 1,036 admissions with an average daily census of 178. This was lower than the budget of 1,106 admissions and 9.7% below the budgeted average daily census of 197. Preliminary information indicated inpatient revenue for the month of January at approximately \$138,800,000; 62.2% was Medicare and 14.2% was Medi-Cal, for a total of 76.4% in government program revenue. There were 40 deliveries in the Hospital. There were 366 surgical cases at the Hospital and 613 cases at the Outpatient Surgery Center. The Emergency Room saw 4,709 patients. The clinics saw approximately 4,731 patients. FTEs per Adjusted Occupied Bed were 6.23.

*HOSPITAL OPERATIONS  
REPORT*

In accordance with District Law, Policies and Procedures, Director Eapen moved for approval of the Medical Staff Bylaws Amendments of Peer Review as approved by the General Medical Staff. Director Wallace seconded the motion. Roll call was taken:

Bernard Stewart , DDS– Aye  
Michael Wallace - Aye  
William Nicholson, MD - Aye  
Patricia Danielson, RHIT - Aye  
Jacob Eapen, MD – Aye

*APPROVAL OF MEDICAL  
STAFF BYLAWS  
AMENDMENTS OF PEER  
REVIEW AS APPROVED  
BY THE GENERAL  
MEDICAL STAFF*

The motion unanimously carried.

In accordance with District Law, Policies and Procedures, Director Eapen moved for the approval of the Chief Executive Officer to be authorized to proceed with the purchase of the Stryker Sonopet Ultrasonic Aspirator for a total amount not to exceed \$94,414. This equipment was included in the Fiscal Year 2014 Budget. Director Wallace seconded the motion. Roll call was taken:

Bernard Stewart , DDS– Aye  
Michael Wallace - Aye  
William Nicholson, MD - Aye  
Patricia Danielson, RHIT - Aye  
Jacob Eapen, MD – Aye

*APPROVAL OF  
ULTRASONIC  
ASPIRATOR*

The motion unanimously carried.

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Stewart adjourned the meeting to closed session at 7:30 p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

*ADJOURN TO  
CLOSED SESSION*

Director Stewart reconvened the meeting to open session at 8:21p.m. and reported no action was taken in closed session.

*RECONVENE TO OPEN  
SESSION & REPORT ON  
CLOSED SESSION*

There being no further business, Director Stewart adjourned the meeting at 8:21p.m.

*ADJOURNMENT*

  
BERNARD STEWART, DDS  
President

  
WILLIAM NICHOLSON, MD  
Secretary