

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, January 13, 2016, in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Danielson called the meeting to order at 6:02p.m. and led those present in the Pledge of Allegiance.

*CALL TO ORDER*

Roll call was taken: Directors present: Patricia Danielson, RHIT; Michael Wallace; William Nicholson, MD; Bernard Stewart, DDS.

*ROLL CALL*

Excused: Jacob Eapen, MD

Also present: Nancy Farber, Chief Executive Officer; Kranthi Achanta, Chief of Medical Staff; Debbie Jackson, Service League President; Christine Flores, District Clerk

Guests: Kimberly Hartz, Ed Fayen, Chris Henry, Bryant Welch, Stephanie Williams, Tina Nunez, Kristin Ferguson, Mary Bowron, John Lee, Albert Brooks, MD, David Hayne, Angus Cochran

Nancy Farber, Chief Executive Officer introduced Gus Arroyo, Safety and Security Manager. Mr. Arroyo presented the Disaster Preparedness and Emergency Management presentation. Mr. Arroyo shared that when a disaster occurs, the hospital works with personnel from different agencies, jurisdictions and governmental level to address areas of responsibilities. Quick decisions are required to provide timely response and our ability to function effectively relates to our understanding of how the emergency management function works. Mr. Arroyo continued by sharing the Emergency Management Cycle which includes: Mitigation, Preparation, Response and Recover. Mitigation refers to activities designed to reduce or eliminate long-term risk to persons or property, and lessen the actual or potential effects or consequences of an incident. Preparation includes Emergency Operations Plan, a hazard vulnerability assessment, training, emergency supplies, and designating emergency facilities such as the emergency operations center, shelter, decontamination and isolation areas. It is not possible to completely prevent or mitigate every hazard that poses risk. The annual Hazard Vulnerability Assessment identifies the most significant internal and external hazards faced by the hospital. Washington Hospital participated in the Great Shakeout in October and the Statewide Medical Health Exercise in November. Mr. Arroyo would like to continue to conduct one drill/exercise per quarter as well as providing hospital incident command center training to all managers.

*EDUCATION SESSION:  
Disaster Preparedness  
and Emergency  
Management*

Director Nicholson moved for approval of the minutes of December 9, 14, and 28, 2015.

*APPROVAL OF  
MINUTES OF  
DECEMBER 9, 14, AND  
28, 2015*

Director Danielson seconded the motion.

Roll call was taken:

Michael Wallace – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD - away

The motion carried.

There were no oral communications.

*COMMUNICATIONS:  
ORAL*

The following written communication received from Kranthi Achanta, M.D., Chief of Staff, dated December 28, 2015 requesting approval of Medical Staff Credentialing Action Items as follows:

*COMMUNICATIONS:  
WRITTEN*

Appointments:

Beygui, Ramin, MD; Syed, Ghufan, MD; Tran, Michael, MD

Temporary Privileges:

Syed, Ghufan, MD

Reappointments:

Garcia, Ramiro, MD; Horstman, Kimberly, MD; Jain, Aditya, MD; Kawada, Carol, MD; Kudaravalli, Padmavathi, MD; Lunny, Peter, MD; Paranay, Gregory, MD; Sehgal, Rohit, MD; Thomas, Jeffrey, MD; Tsai, Shirley, MD; Wang, Albert, MD; Wey, Jaelyn, MD

Conditional Reappointments:

Ali, Zulfiqar, MD

Transfer in Staff Category:

Shotkin, Alam, MD

Completion of Proctoring & Advancement in Staff Category:

Shotkin, Alam, MD

Extension of Proctorship and Provisional Category

Lien, Kenneth, MD; Glaubiger, Susan, PA-C

New Privilege Requests

Gay, Andrew, MD

Delete Privilege Requests:

Horstman, Kimberly, MD; Tsai, Shirley, MD

Resignations:

Boohar, Lisa, MD

Director Danielson moved for approval of the credentialing action items presented by Dr. Achanta.

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD - away

The motion carried.

Debbie Jackson, Service League President presented the Service League Report. Ms. Jackson shared the slate of officers for the upcoming 2016 year:

*SERVICE LEAGUE  
REPORT*

President – Debbie Jackson  
1<sup>st</sup> Vice President – Cherie Gamardo  
2<sup>nd</sup> Vice President – Marina Fleming  
Treasurer – Sidne Margolis  
Secretary – Jeannie Yee  
Parliamentarian – Gail Tomita

Dr. Kranthi Achanta reported there are 556 Medical Staff members.

*MEDICAL STAFF  
REPORT  
HOSPITAL CALENDAR:  
Community Outreach*

**The Hospital Calendar video highlighted the following events:**

**Past Health Promotions & Outreach Events**

On Tuesday, December 15<sup>th</sup>, the Washington Hospital Management Staff donated hundreds of presents including bicycles, clothing and toys to Tri-City area families in need. The families were identified through OneChild. OneChild is a non-profit organization dedicated to providing disadvantaged children with new clothing and school supplies. OneChild's goal is to promote self-esteem in underprivileged children, so they may appreciate their individual worth.

During December and January Lucy Hernandez, Community Outreach Project Manager, presented 15 hand hygiene classes for students at Chadborne Elementary and Durham Elementary Schools both located in Fremont. Information was provided on proper hand washing and hygiene to prevent infection and the spread of germs; 398 students attended.

**Upcoming Health Promotions & Community Outreach Events**

On Thursday, January, 21<sup>st</sup> from 7:00 to 8:30 p.m., Dr. Victoria Leiphart, gynecologist, will kick off a monthly women's group titled, "Women Empowering Women."

Dr. Leiphart will provide a 30 minute short lecture followed by a one hour open discussion regarding women's issues.

Topics of discussion may include preventive health care, menopause, day to day stress, coping as a caregiver, changing roles, and more.

On Friday, January 22<sup>nd</sup> from 1:00 to 3:30 p.m., Lincoln Elementary School in Newark will hold a health fair for students, teachers and parents.

Washington Hospital Staff will host a booth to provide information on proper hand washing and hygiene to prevent infection and the spread of germs.

On Tuesday, February 2<sup>nd</sup> from 6:00 to 8:00 p.m., as part of the Stroke Education Series, Dr. Ash Jain, cardiologist, and Doug Van Houten, R.N., will present "Living with Stroke" and "Future Diagnosis and Management".

On Wednesday, February 3<sup>rd</sup> from 6:30 to 8:00 p.m., Washington Sports Medicine and Washington Outpatient Rehab Center will kick off the 2016 bimonthly education series. Dr. Steven Zonner, sports medicine specialist, will be presenting "Exercise Injuries: Prevention and Treatment"

On Thursday, February 4<sup>th</sup> from 7:00 to 8:00 p.m., as part of the Diabetes Matters Series, Dr. Archana Bindra, endocrinologist, will be presenting "Insulin Delivery: To Pump or Not to Pump."

On Thursday, February 11<sup>th</sup> from 6:00 to 8:00 p.m., Dr. Victoria Leiphart, gynecologist, will be presenting "Menopause: A Mind-Body Connection Approach".

On Tuesday, February 23<sup>rd</sup> from 1:00 to 3:00 p.m., Dr. Gabriel Herscu, vascular surgeon, will be presenting "Not a Superficial Problem: Varicose Veins and Chronic Venous Disease".

### **Washington Hospital Healthcare Foundation Report**

Washington Hospital Healthcare Foundation received three community gifts in December.

On December 12<sup>th</sup>, president of Woolly Warmth, Mythri Ambatipudi, delivered a large collection of hand-knitted items for pediatric patients to Carmen Williams, Director of Maternal Child Health. Woolly Warmth is a group of volunteers who provide handmade, knitted and crocheted warm clothing to the families of newborns to keep their little ones cozy, comfortable and healthy.

On December 18<sup>th</sup>, the Leos Club of James Logan High School donated 200 holiday cards for patients at Washington Hospital. The cards were distributed to patients in the hospital during the holidays.

On December 22<sup>nd</sup>, Girl Scouts Troop 33812 visited Washington Hospital to deliver hand-made bracelets and holiday cards for the Hospital's pediatric patients.

### **The Washington Hospital Employee Association, W.H.E.A.**

In December, WHEA supported local charities by coordinating a Holiday Wish Card drive. WHEA collected \$1000 in gift cards and donated them to ABODE, an agency that offers housing programs linked to support services for low-income and homeless families and individuals and SAVE a local organization providing support services, advocacy and education to domestic violence victims and their families.

### **Washington On Wheels Mobile Health Clinic, W.O.W.**

During the month of December, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Family Resource Center, the Fremont Senior Center, and the Ruggieri Senior Center in Union City and Brier Elementary School in Fremont. The total number of community members receiving healthcare at the Washington On Wheels Clinic during the month of December was 35.

*HOSPITAL CALENDAR:  
Washington Hospital  
Foundation Report*

*HOSPITAL CALENDAR:  
The Washington Hospital  
Employee Association,  
W.H.E.A.*

*HOSPITAL CALENDAR:  
Washington On Wheels  
Mobile Health Van*

**Internet Marketing**

There were over 25,792 visits to the hospital website in the month of December. The hospital's Employment section was the most viewed webpage with 9,293 page views, followed by the Physician Finder with 8,907 page views. The About WHHS section with 7,627 page views, the Volunteers section had 2,971 page views and the Women's Health and Pregnancy section had 1,681 page views.

*HOSPITAL  
CALENDAR:  
Internet Report*

**InHealth - Channel 78**

During the month of December, Washington Hospital's cable channel 78, InHealth, captured a Diabetes Matters program called "Diabetes Medications Updates". In addition, InHealth aired the December Board of Directors meeting.

*HOSPITAL  
CALENDAR:  
InHealth*

**Awards and Recognitions**

We are very proud that Dr. Alexander Sah, of Washington Hospital's Institute for Joint Restoration and Research, has been chosen for the American Academy of Orthopaedic Surgeons Leadership Fellows Program. He is one of only ten specialists in the nation to be selected for this honor. The program's goal is to encourage outstanding orthopaedic surgeons in sharing their knowledge, standards and techniques to better the field of orthopaedic surgery around the world and right here in our community.

*HOSPITAL  
CALENDAR:  
Additional Events*

**Employee of the Month**

Justin Cloud, unit clerk, has been a part of the Sandy Amos, RN Infusion Center team for three years. Since joining Washington Hospital, she has made excellent customer service and compassionate patient care a top priority. She constantly seeks new ways to make patients and family members feel at home. A self-identified planner, she anticipates the needs of patients and their family by learning their likes, such as favorite foods; how many blankets they like; important events in their lives and simple things like what name they prefer. She remembers patient preferences, which makes future visits extra special and very personal for the patient and their family members. She is a Bay Area native and lives in the East Bay with her husband and 5-year-old daughter.

*HOSPITAL  
CALENDAR: Employee  
of the Month – Justin  
Cloud*

Nancy Farber, Chief Executive Officer introduced Kimberly Hartz, Senior Associate Administrator and Donald Pipkin, Chief of Strategic Management. Ms. Hartz and Mr. Pipkin presented the Lean/Kaizen Report sharing that Kaizen simply means improvement, or change for the better. Ms. Hartz and Mr. Pipkin continued by sharing the Washington Hospital Healthcare System Lean Transformation Journey Milestones, a brief summary of the Lean Certification Training, a brief overview of the Toyota Production System: Principles and Methodologies, Kaizen Workshops, Review of Kaizen activities completed to date as well of sharing the overview of upcoming Kaizen activities. Mr. Pipkin continued by sharing before and after photos of the O.R., PACU Isolation Room, and the medication pass area as well as group photos of the Kaizen Workshops.

*LEAN/KAIZEN  
REPORT*

Nancy Farber, Chief Executive Officer introduced Ed Fayen, Senior Associate Administrator. Mr. Fayen presented the construction update on the parking garage and the Morris Hyman Critical Care Pavilion. Mr. Fayen shared photos of the final concrete deck placement for Level 7 of the parking garage as well as the framing of the seventh floor elevator machine room and canopy, and the compacting base material for BART building foundations. Mr. Fayen also shared photos of the seismic dampener in place, the installation of stair #1 and the finishing of the concrete for Corbel at the South East Corner. Mr. Fayen also shared a photo of the site view as of December 29, 2015.

*CONSTRUCTION  
REPORT  
Construction Update*

Mary Bowron, Senior Director of Quality and Resource Management presented on the Management of Sepsis sharing some background regarding Sepsis. As of October 1, 2015, Centers for Medicare and Medicaid Services enforced a bundle measure for severe sepsis and septic shock, as part of the Inpatient Quality Reporting Program. Washington Hospital is among the first Community Hospitals in California to prioritize early sepsis treatment and management. Ms. Bowron shared four evidence-based ways to improve outcomes: infection prevention, early detection, early treatment, and monitor outcomes and performance. Washington Hospital has a strong, long-standing Sepsis Program with several initiatives implemented over the past eight years. In 2007, Washington Hospital was selected as part of the Beacon Collaborative as a pilot site to implement evidence-based practice for sepsis. The inter-professional team (Sepsis Committee) includes: Nurses, Physicians, Pharmacists, Quality, Respiratory Therapy and Community Outreach. Ms. Bowron continued by sharing the Surviving Sepsis Campaign, Sepsis Interventions, Clinical Education, Sepsis Prevention in the Community as well as Program Accomplishments .

*QUALITY REPORT:  
Management of Sepsis*

Chris Henry, Chief Financial Officer, presented the Finance Report for November 2015. The average daily census was 141.9 with admissions of 949 resulting in 4,256 patient days. Outpatient observation equivalent days were 213. The average length of stay was 4.31 days. The case mix index was 1.512. Deliveries were 132. Surgical cases were 365. Joint Replacement cases were 127. Neurosurgical cases were 1. Cardiac Surgical cases were 9. The Outpatient visits were 6,760 and Emergency visits were 4,129. Total productive FTEs were 1,209.4. FTEs per adjusted occupied bed were 6.97.

*FINANCE REPORT*

Ms. Farber presented the Hospital Operations Report for December. There were 1,056 patient admissions with an average daily census of 166. Preliminary information indicated inpatient revenue for the month of December at approximately \$175,200,000 and a total of 71.9% in government program revenue. There were 160 deliveries in the Hospital resulting in 335 baby days. There were 361 surgical cases at the Hospital and 557 cases at the Outpatient Surgery Center. The Emergency Room saw 4,425 patients. The clinics saw approximately 3,650 patients. FTEs per Adjusted Occupied Bed were 6.40.

*HOSPITAL  
OPERATIONS REPORT*

Director Stewart moved for the reappointment of Benn Sah, MD., Shirley Buschke, Russ Blowers, and Miro Garcia to the Washington Hospital Development Corporation Board of Directors for 2016.

*APPROVAL OF  
REAPPOINTMENT OF  
DEVELOPMENT  
CORPORATION BOARD  
MEMBERS*

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD - away

The motion carried.

In accordance with District Law, Policies and Procedures, Director Stewart moved the Chief Executive Officer be authorized to proceed with the purchase of four Intra Aortic Balloon Pumps for an amount not to exceed \$265,000.00. This was an approved line item in the FY16 Capital Asset Budget.

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD - away

The motion carried.

In accordance with District Law, Policies and Procedures, Director Stewart moved the Chief Executive Officer be authorized to proceed with the purchase of NuVasive Maxcess Access Set and Maxcess Articulating Set for an amount not to exceed \$27,545.00.

Director Danielson seconded the motion.

Roll call was taken:

Michael Wallace – aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD - away

The motion carried.

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Danielson adjourned the meeting to closed section at 7:49p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

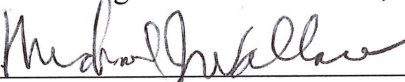
*ADJOURN TO CLOSED  
SESSION*

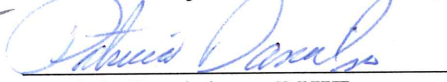
Director Danielson reconvened the meeting to open session at 9:03p.m. and reported no action was taken in closed session.

*RECONVENE TO OPEN  
SESSION & REPORT ON  
CLOSED SESSION*

There being no further business, Director Wallace adjourned the meeting at 9:04pm.

*ADJOURNMENT*

  
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Michael Wallace  
President

  
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Patricia Danielson, RHIT  
Secretary